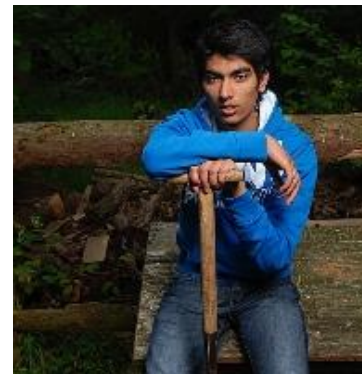


You achieve an Award by completing a personal programme of activities in four sections:

- **Volunteering:** undertaking service to individuals or the community.
- **Physical:** improving in an area of sport, dance or fitness activities.
- **Skills:** developing practical and social skills and personal interests.
- **Expedition:** planning, training for and completion of an adventurous journey in the UK or abroad.

Volunteering

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Helping a charity or community organisation



All sections require an assessor to provide a report as evidence of you completing that section

Physical

Anything that requires a sustained level of physical energy and involves doing an activity.

You are free to do this section independently or as part of a team.

All sections require an assessor to provide a report as evidence of you completing that section

Skill

Ultimately you must be able to prove that you have broadened your understanding and increased your expertise in the chosen skill.

Activities can be undertaken on either an individual or group basis.

All sections require an assessor to provide a report as evidence of you completing that section

Expedition



Aim

- To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

The expedition process

Training
(every Wednesday after school)



Practice expedition
(1 day walk)



Qualifying expedition
(overnight camp)



Assessment

Bronze Award (14+ years old)

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Plan, train for and complete a 2 day, 1 night expedition
<i>All participants must undertake a further 3 months in the Volunteering, Physical or Skills section.</i>			



Duke of Edinburgh Key Dates 2024 - 2025

Bronze Award

Application Deadline.....Friday 31st January 2025
Welcome Meeting..... Wednesday 12th February 2025 (3.20pm in M44)
Training Sessions..... Weekly from Wednesday 26th February 2025 (3.20pm in M44)
Bronze Practice Expedition..... Saturday 3rd or Sunday 4th May 2025 (Holbrook)
Bronze Qualifying Expedition..... Saturday 10th to Sunday 11th May 2025 (Grundisburgh)
Or
Bronze Qualifying Expedition..... Saturday 7th to Sunday 8th June 2025 (Grundisburgh)

**If you have any queries or questions please speak to Ms Turner or Mr
Songhurst in M45/C01**

- 1) Check emails
- 2) Check dates are OK
- 3) Find a volunteering placement

To enrol on the DofE Bronze Programme:

- Return completed enrolment form
- Return completed volunteering placement slip
- Payment of £32 enrolment fee on school gateway