

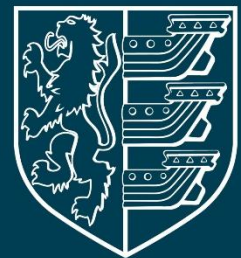
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Post-16 Pathways & Study Advice

Format of the Evening

- Context of choices to be made
- Post-16 Qualifications and Providers
- Study advice and support for Year 11
- In the Northgate Sixth Form Centre – a chance to meet representatives from local learning providers



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SIXTH FORM
CENTRE IPSWICH

Exhibitors



Suffolk
New
College



Department
for Work &
Pensions



**NEEDHAM
MARKET
ACADEMY**



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Careers

one



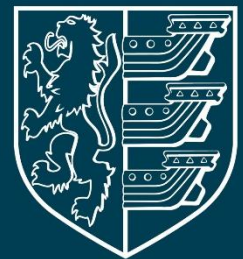
**IPSWICH TOWN
FOUNDATION**



**University
of Suffolk**

Which Way now?

- Huge choice post-16
- Options are:
 - full time education e.g. school / college
 - Or work-based learning
e.g. an apprenticeship/part time education
with employment or voluntary
work
- Competition for places



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The September Guarantee

- Ensures that every 16 and 17 year old is offered an appropriate place of learning for the September following the end of compulsory education
- Raising the Participation Age – The law has changed – young people must stay in learning until the age of 18
- A back up option is vital for many young people to avoid becoming NEET (Not in Education, Employment or Training)



Support at Northgate

- Careers Lessons; External Speakers
- Careers Talks & Assemblies
- Visits to Post-16 Providers
- Careers Guidance Interviews – Mrs V Calder
- Learning Support – Mrs S Minns
- Teachers/Head of Year



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Post-16 Education

Post-16 education happens in:

- School/Academy Sixth Forms
- Sixth Form Colleges – e.g. Suffolk One
- Further Education Colleges – e.g. Suffolk New College
- Private training providers – e.g. tchc, WS Training
- Work-based learning employer-providers
e.g. NHS, Fire Service, Armed Forces

You are required
to be in
education or
training until you
are 18 years old



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Post-16 Pathways

School Sixth Form

A Levels

Applied general qualifications e.g. BTEC, OCR Technical Certificates

GCSEs

FE Colleges

Applied general qualifications e.g. BTEC, OCR Technical Certificates

GCSEs

Apprenticeships

Specialist programmes – e.g. study programmes, SEND programmes

T Levels

Apprenticeship Providers

Apprenticeships

Study Programmes

Search Education & Training Choices

<https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16>

Qualifications:

What do the different levels mean?



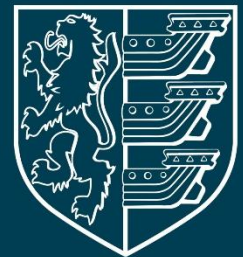
English Language & Mathematics Post-16

- GCSE grade 3-0 in English Language, you will have to continue studying this subject
- GCSE grade 3-0 in Mathematics, you will have to continue studying this subject



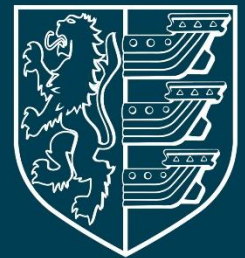
2024 Year 11 Destinations

- Sixth Form – 65%
- Further Education – 30%
- Apprenticeship / Work with Training – 2%
- Alternative Post-16 Provision – 2%
- NEET – 1%
(Not in Employment, Education or Training)



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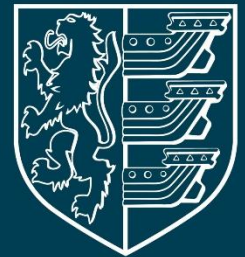
A Levels



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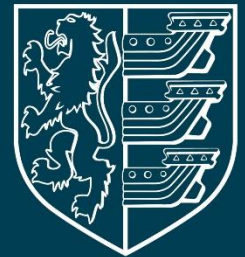
A Levels

- Advanced Level qualifications – Level 3
- Subject-based qualifications
- Widely recognised
- Can lead to university, further study, training, apprenticeships or work
- Normally study 3 A Levels over two years
- Usually assessed by a series of exams
- Linear



A Levels: Entry Requirements

- At least five GCSEs at grades 9 to 4
- Sometimes need at least grade 6 in the specific subject(s) you want to study at A Level
- However, the specific requirements needed to study A Levels will vary across schools and colleges
 - Important to check what you will need with the school or college you are looking to study at.



A Levels: How many?

- Most students studying A Levels take three A Levels
- Small number of students may take four A Levels
- Many schools/colleges also require students to take some form of enrichment



A Levels: Subject Choices

The most important criteria for choosing A levels subjects are:

- **Looking at what you are likely to enjoy and be good at.** If you enjoy a subject or have an ability in it already, you are more likely to do well.
- **Are there any particular subjects and/or grades you may need?** If you have a particular career, job, or further study in mind, you may need to choose specific A levels in order to meet entry requirements.
- **How open** you want to keep your future study and career choices?



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<https://www.youtube.com/watch?v=BHKFrXMCHII>

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SIXTH FORM
CENTRE** IPSWICH



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📷 [northgatesixthform](#) ✂ [@northgatesixthform](#) 📺 [@Northgatehighandsixthformipswich](#)

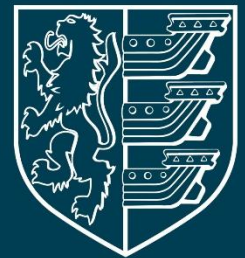
What do we offer?

- Wide curriculum choice
- 32 A Level subjects offered and 3 Level 3 Qualifications
- Extended Project Qualification
- 3 A Levels to start
- Further Maths
- Enrichment and work experience

Work Related Qualifications

BTEC

Cambridge/OCR Nationals



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Applied General Qualifications

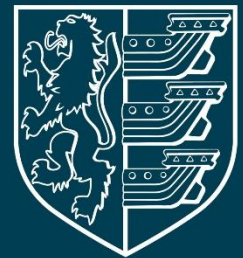
- Rigorous advanced Level 3 qualifications
- Equivalent to A Levels
- Allow 16-19 year old students to develop transferable knowledge and skills
- For students who want to develop their education through applied learning
- More coursework and modular in approach



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What they are

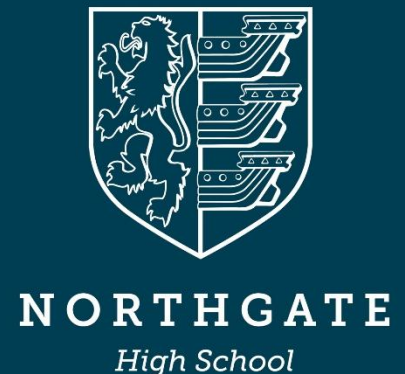
- Work-related
- Practical, real world approach to learning
- Develop skills required for the workplace
- Provide progression to employment
- Can lead to progression onto higher education programmes
- Developed with employers' representatives



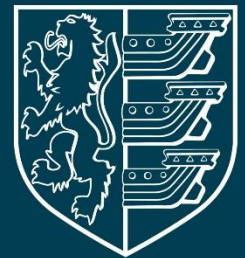
Some Examples



- Agriculture
- Animal Management
- Art & Design
- Business
- Construction
- Engineering
- Health & Social Care
- Hospitality
- ICT
- Leisure and Tourism
- Media
- Performing Arts
- Public Services
- Sport



T Levels



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T Levels – level 3 programmes



- T Levels are available in over 20 industries
- Each programme consists of 5 components:
 - Approved technical qualification
 - Work placement (45 days)
 - Maths, English and digital requirements
 - Any other relevant requirements/qualifications
 - Any employability, enrichment and pastoral provision
- Digital, Construction, Education and Childcare, Medical Sciences all available locally



Introduction to T Levels -

<https://www.youtube.com/watch?v=7rua65bHjMw>

T Level Industry Placements -

<https://www.youtube.com/watch?v=KIA1PuCmYks>



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Study Programmes



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Study Programmes



- Provide students with a structured and challenging learning programme
- Supports development and progression in line with their career plans
- Individually tailored
- Typically contains:
 - Substantial qualification to prepare for education at next level or employment
 - English & Maths where students have yet to achieve GCSE grade 4
 - Work experience
 - Development of student's character and attitudes and confidence



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Apprenticeships



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What are apprenticeships?



Employed



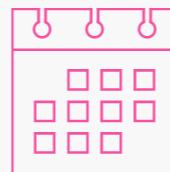
Off the job



Intermediate – degree
level



Paid a salary



Typically 1-6 years



Real responsibilities



Contract

600+

600+
standards



Not the easy option

The levels of apprenticeships



Name	Level	Equivalent educational level
Intermediate	2	5 GCSE passes at grade A*-C or 4-9
Advanced	3	2 A Levels / Level 3 diploma / international Baccalaureate
Higher	4,5,6 & 7	Foundation degree and above
Degree	6 & 7	Bachelor's or master's degree

How do you find an apprenticeship?



Register on Find
An Apprenticeship



Manage your alerts



Do your research



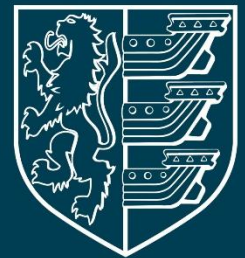
Contact companies



Search and apply

To find an
apprenticeship
visit [GOV.UK](https://www.gov.uk)

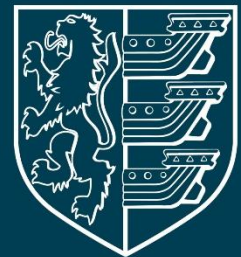
Next Steps



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What next?

- Attend open evenings/days/taster sessions
- Look at post-16 providers' websites
- Meeting deadlines for courses is vital
- The more training and qualifications you have the better your chances of getting and keeping a job that you enjoy
- Be positive and confident and well informed and you will make the correct choices for your future



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Year 11 Key Dates and Study Advice



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Key Dates

- **8th Oct** - Open Evening (a chance to talk to teachers about Sixth Form)
- **Oct** – One-to-one Careers Guidance Interviews begin
- **Oct** – Sixth Form and college applications open
- **11th Nov onwards** - Mock exams
- **11th Dec** – Mock results
- **15th Dec** - Sixth Form interview evenings begin
- **End of Autumn Term** - deadline for some college applications



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Key Dates

- **8th Jan** - Year 11 Parents' Evening
- **31st Jan** - Sixth Form applications close
- **7th May** - GCSE written exams begin

- **Note:**

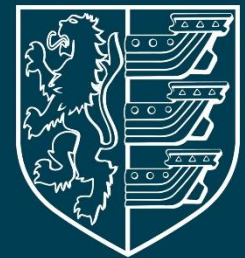
- Mock and actual exams in practical subjects and speaking exams for languages will take place over the course of the year.
- Students will be informed of dates by their teachers.



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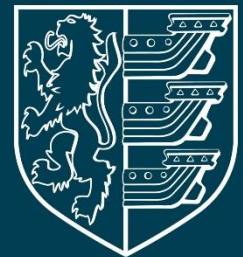
Preparing for Mocks

- This will help with the final exams.
- A great opportunity to revise much of the course content.
- Mocks themselves are **not** the mechanism to identify and address weaknesses – that's what **revision** is for.



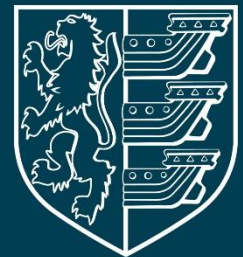
5 key tips

1. Revise the right things
2. Effortful retrieval
3. Spaced practice
4. Interleaving
5. Maintain Focus



1. Revise the Right Things

- Start by testing yourself
- Identify areas of weakness
- Focus on improving these areas



Core Subjects

- English



- Maths

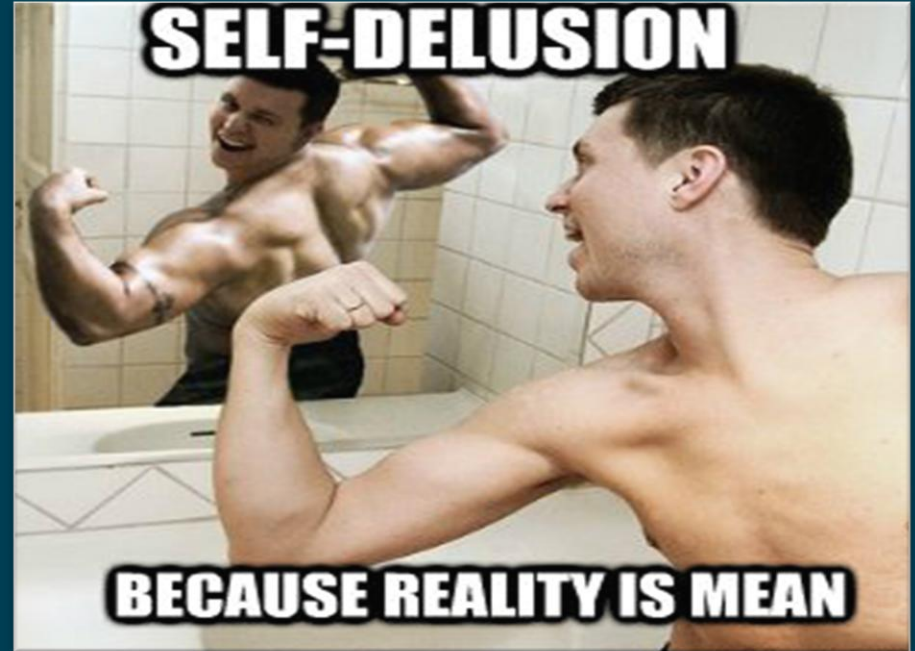
SPARX MATHS

- Science



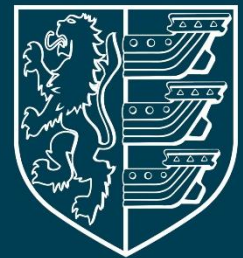
2. Effortful Retrieval

- Revision shouldn't be 'comfortable'
 - revising areas you already know leads to **overconfidence** and **self-delusion**
- 'Effortful retrieval' of information enhances long-term memory



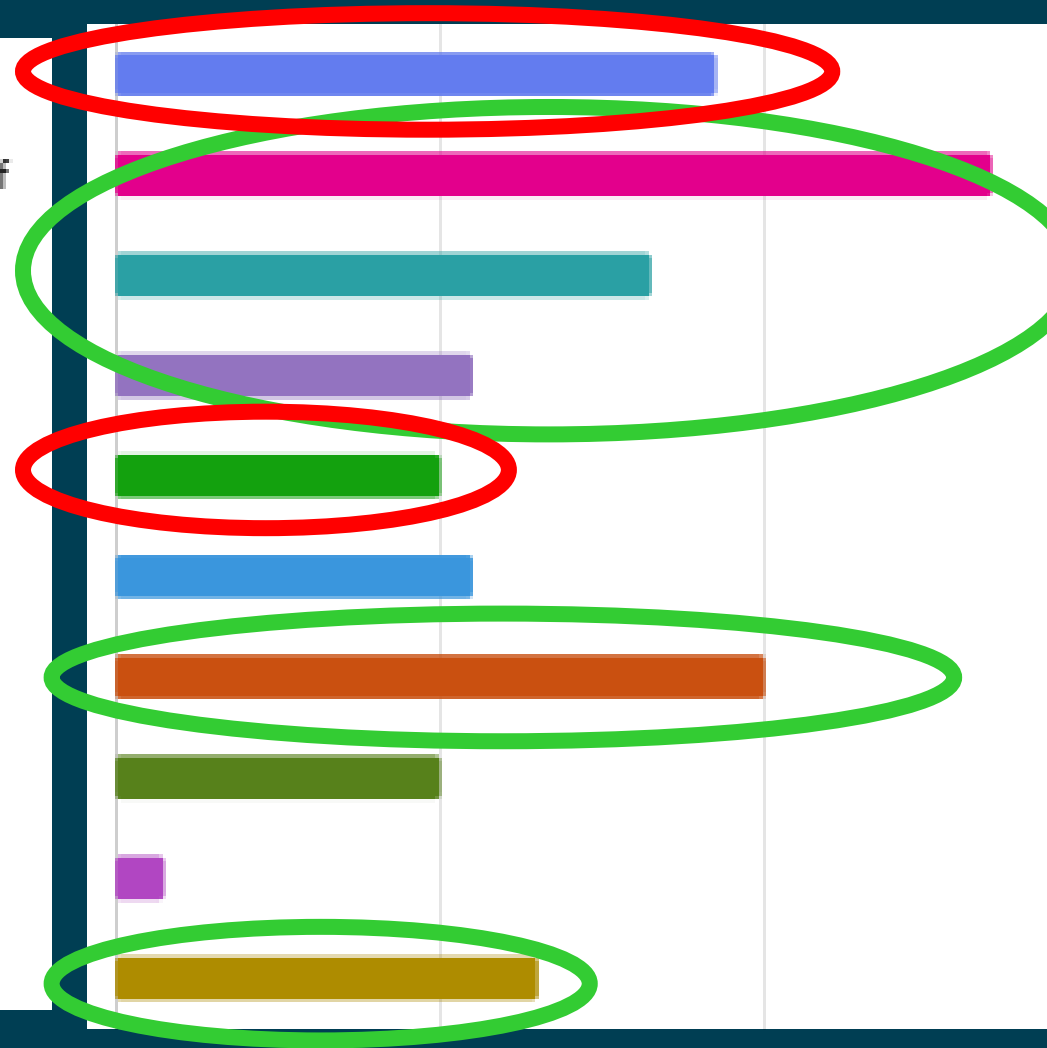
Useful strategies

- Past papers
- Quiz Apps (e.g. Quizlet, Kahoot!)
- Paired or parent **testing** (e.g. using flashcards)
- Blank page retrieval (e.g. creating diagrams or mind maps **from memory**)



What is your favourite way to revise?

- Re-reading your **notes** or reading a **textbook**
- Making **flashcards** and then testing yourself on them
- Making **mind maps**
- **Blank page** retrieval
- **Highlighting** key information
- Watching a **video** or **screencast**
- Completing past paper questions or **practice questions**
- Making **notes**
- Listening to a **podcast**
- Using a **quizzing app**



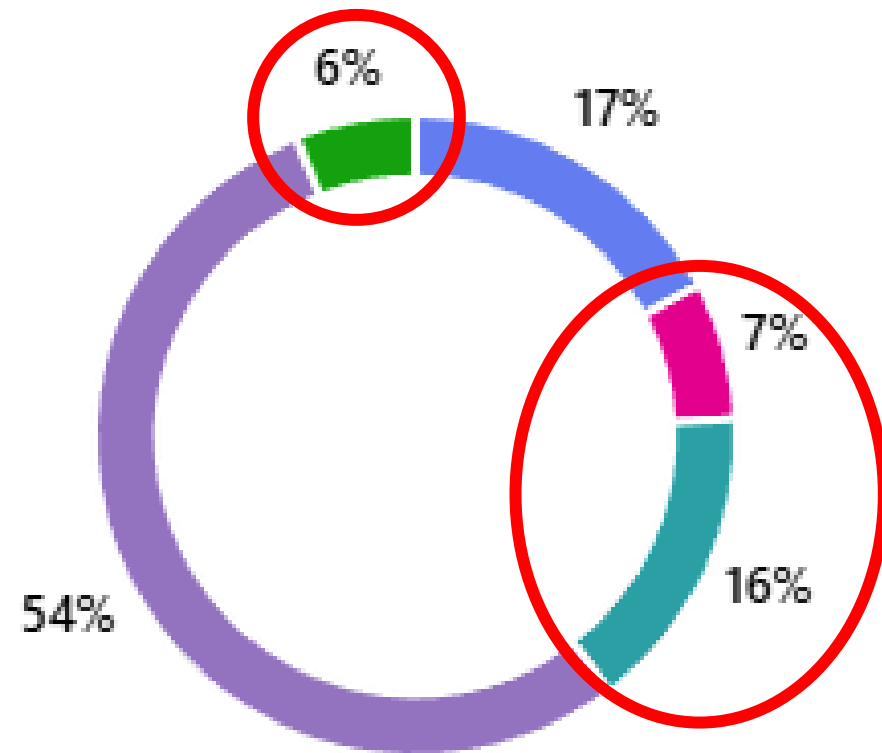
3. Spaced Practice



Spaced learning: not spending more hours on each topic, but rather spreading that time out

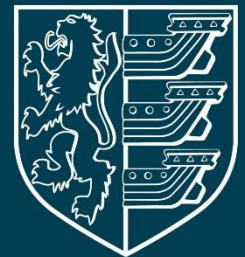
3. Spaced Practice

- I revise on multiple days/weeks
- I revise on a single day
- I revise the night before
- It varies (it depends on the subject or topic)
- I don't revise



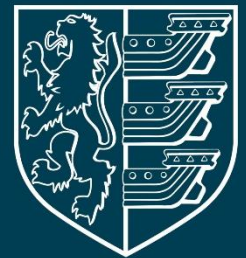
4. Interleaving

- Mix it up!
- **Don't** just work through topics in sequence.
- Jumping around topics will improve mental agility and aid effortful retrieval.
- Exam papers will jump around too!



5. Stay Focused

- Work smarter, not harder
- Short, focused sessions work best
- Keep on task



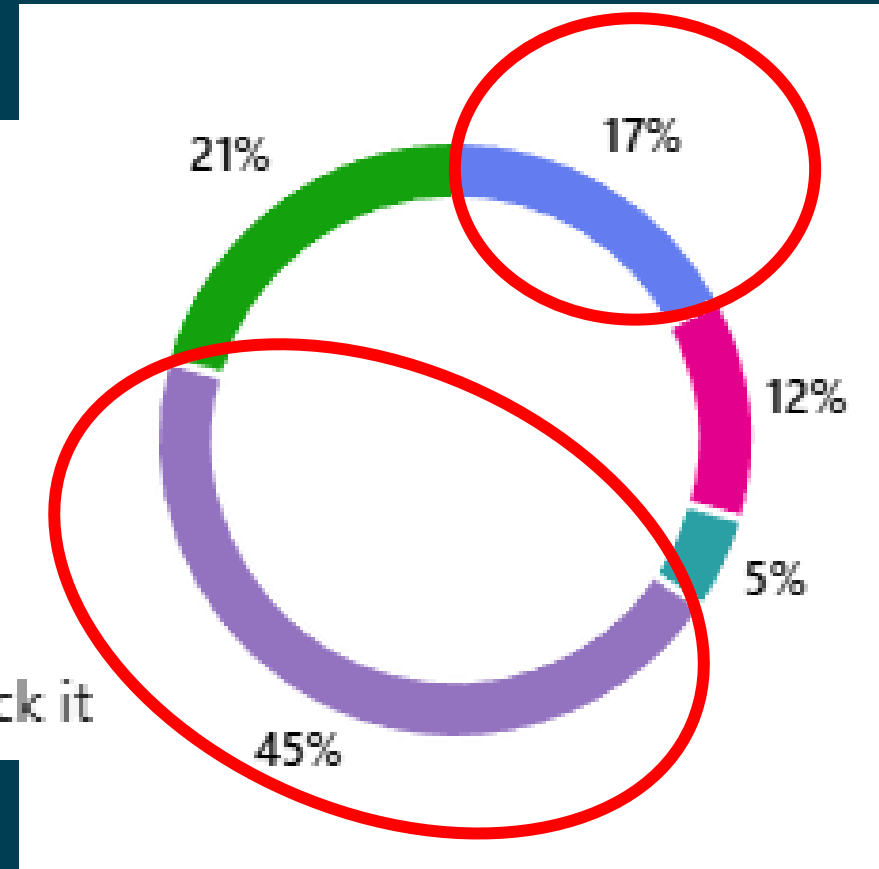
What do you find difficult about revising?



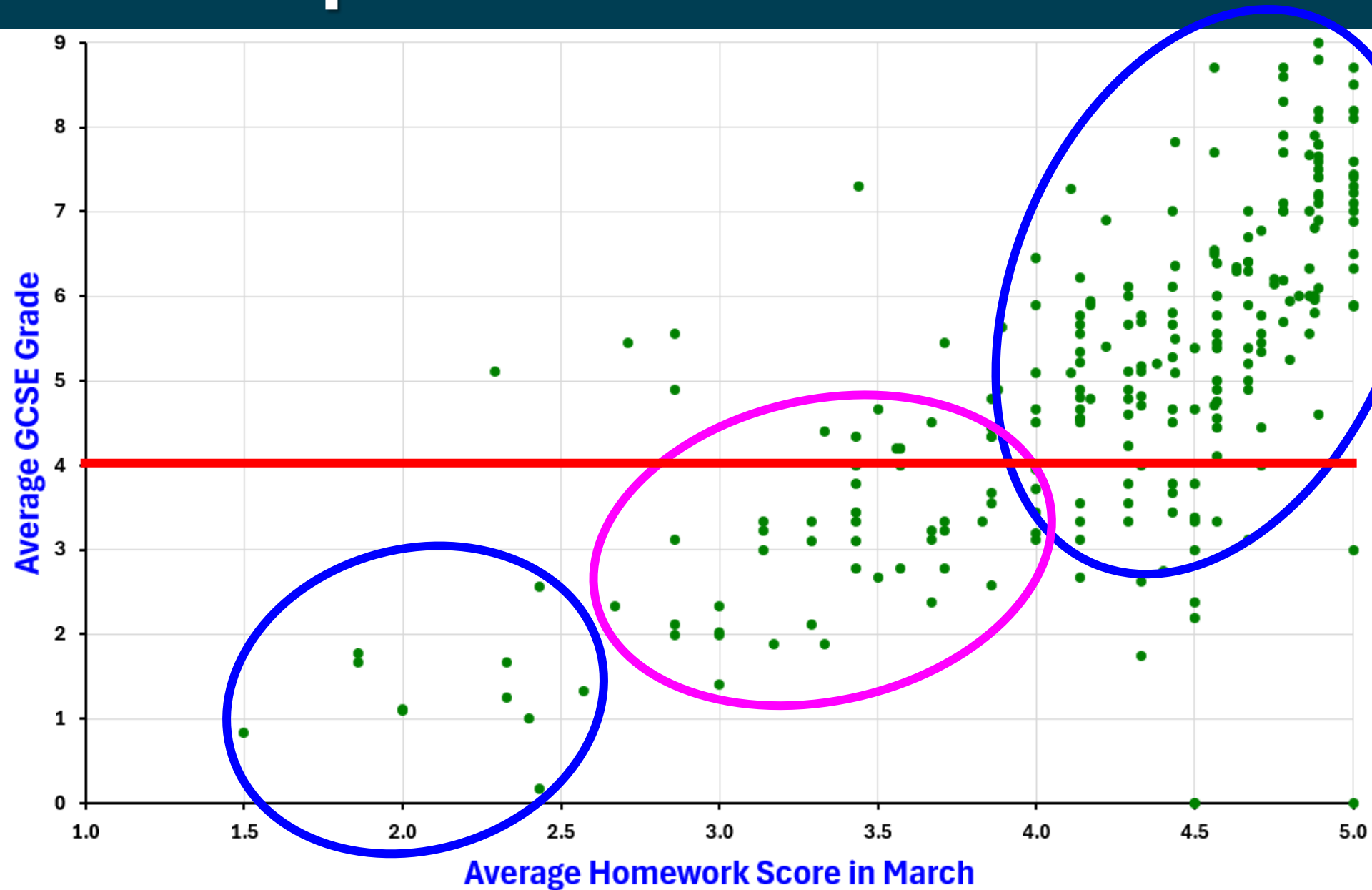
Students know how to revise, and have time.
BUT they get **distracted**, or can lack **motivation**
and **energy**.

What are you doing with your phone whilst revising or completing homework?

- I constantly check my phone
- My phone is on silent
- My phone is switched off
- I check my phone occasionally
- I keep my phone on, but I don't check it

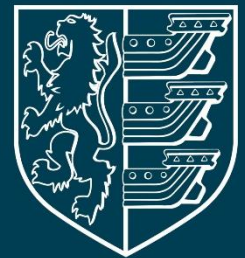


The Importance of Homework



Key Take-Away Messages

1. **Attend** lessons, ask questions, respond to feedback
2. Revise and complete **homework** tasks
3. Use the 'right' revision **methods**
(work smarter, not harder)



Revision Support

- Study Centre
 - Mon-Thurs, 3:15-4:30
- Teachers
- Subject criteria
- Past paper questions
- Revision apps/guides



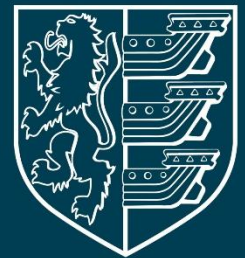
What do students need?

- A calm, organised place to work
- Flash cards / pens / highlighters
- Box files / document wallets
- Tea
- Sleep
- Moral support



Thank you for coming

Please make your way over to the Northgate Sixth Form Centre now to find out more information from any of the institutions represented.



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