



**NORTHGATE**  
*High School*

# Year 11 Revision Advice



Wednesday, 21<sup>st</sup> January 2026

# Tip 1: Get organised – produce a realistic weekly revision timetable












## Plan ahead



- Start early to cut down on stress
- Make a revision timetable and commit to it

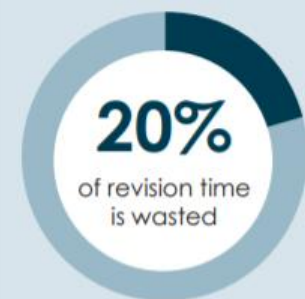
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
<b>Subject or Topic A</b> Session 1: Test and reflect						
Take a Break for 5 minutes 						
<b>Subject or Topic A</b> Session 2: Revise and Summarise						
Take a Longer Break  						
<b>Subject or Topic B</b> Session 1: Test and reflect						
Take a Break for 5 minutes 						
<b>Subject or Topic B</b> Session 2: Revise and Summarise						

# Tip 2: Focus properly, take breaks and avoid distractions

Session 1	1. Choose a topic from your checklist 	2. Set the timer for 25 minutes 	3. Test yourself using the methods on page 3 	4. Stop when the timer is up 	5. Reflect – make a note of what you struggled with 
Take a Break for 5 minutes 					
Session 2	1. Revisit what you struggled with from Session 1 	2. Set the timer for 25 minutes 	3. Summarise what you need to learn 	4. Stop when the timer is up 	5. Take a longer break 



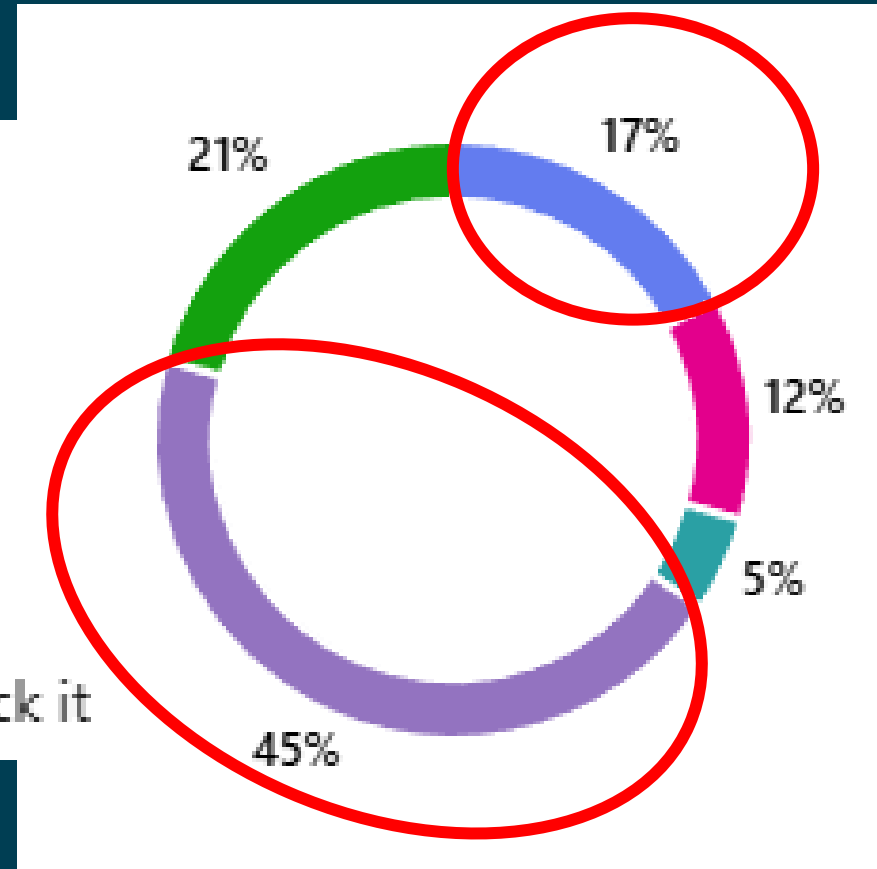
Students waste **20%** of 'revision time' through distractions such as mobile phones or background noise



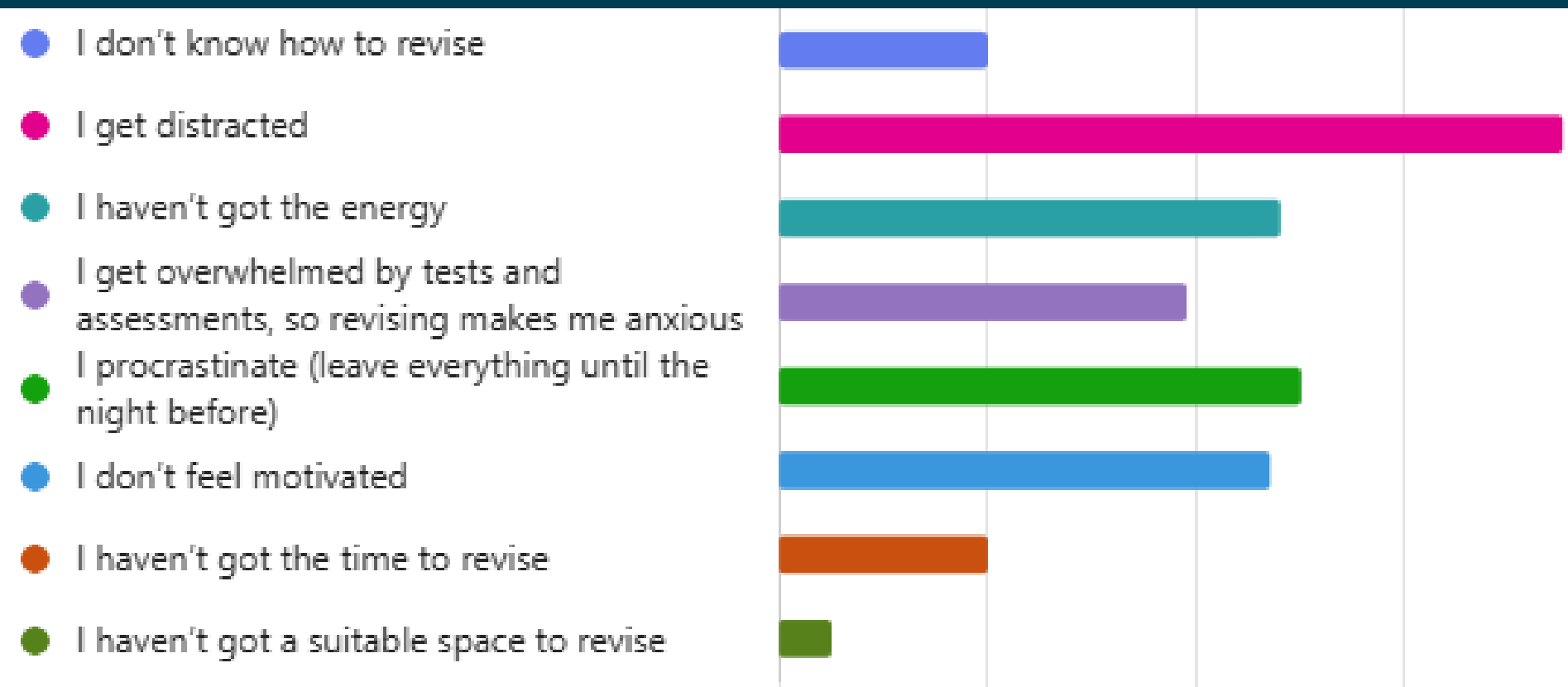
Before you start using this plan, you'll need to make sure you have all of the resources in place: Flashcards, mindmap or summary diagrams, exam questions.

# What are you doing with your **phone** whilst revising or completing homework?

- I constantly check my phone
- My phone is on silent
- My phone is switched off
- I check my phone occasionally
- I keep my phone on, but I don't check it



# What do you find difficult about revising?



# Tip 3: Start with a test then focus on your weak areas

## Test yourself

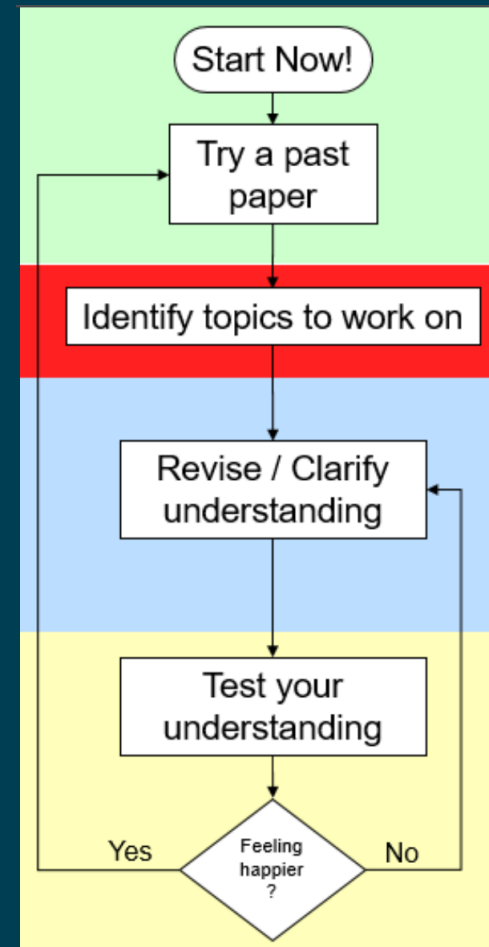


## Reflect on progress

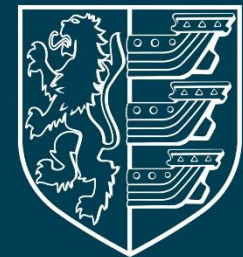
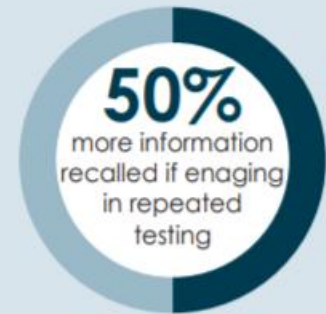


- Use flashcards – use the red, amber, green method
- Recreate information from memory
- Use past paper questions and markschemes
- Ask friends or family to test you verbally

- Make a note of what you struggled with or where you made mistakes
- Decide on what you need to do to improve
- Summarise the key points
- Ask your teacher for help if you need it



Students who engage in repeated testing recall **50%** more





# Tip 4: Use effective revision techniques

## Test yourself



- Use flashcards – use the red, amber, green method
- Recreate information from memory
- Use past paper questions and markschemes
- Ask friends or family to test you verbally

## Flash cards

Do not spend a long time making flashcards. If you do, make sure they only contain the really important things you need to remember. E.g. Definitions, quotes, formulae.

They are only useful for memorisation if you use them regularly to test your knowledge.

## Red Amber Green Technique

THE RED BOX

THE AMBER BOX

THE GREEN BOX

## Blank Page Retrieval

- Put away your class materials and write or sketch everything you know about a topic. Mind mapping is a very good way to do this.
- Then, check your class materials for accuracy and important points you missed.
- Write in the information you missed using a different colour pen.



## Past paper Questions

- Use a section from a relevant past paper, or relevant practice questions that could come up in the assessment.
- When you have finished make sure you use a mark scheme or an assessment checklist to identify gaps in your knowledge.
- Aim to recreate the conditions that you'll sit the assessment in e.g. you might ask someone at home to time you.

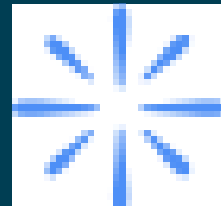


Quizlet



COGNITO

B B C

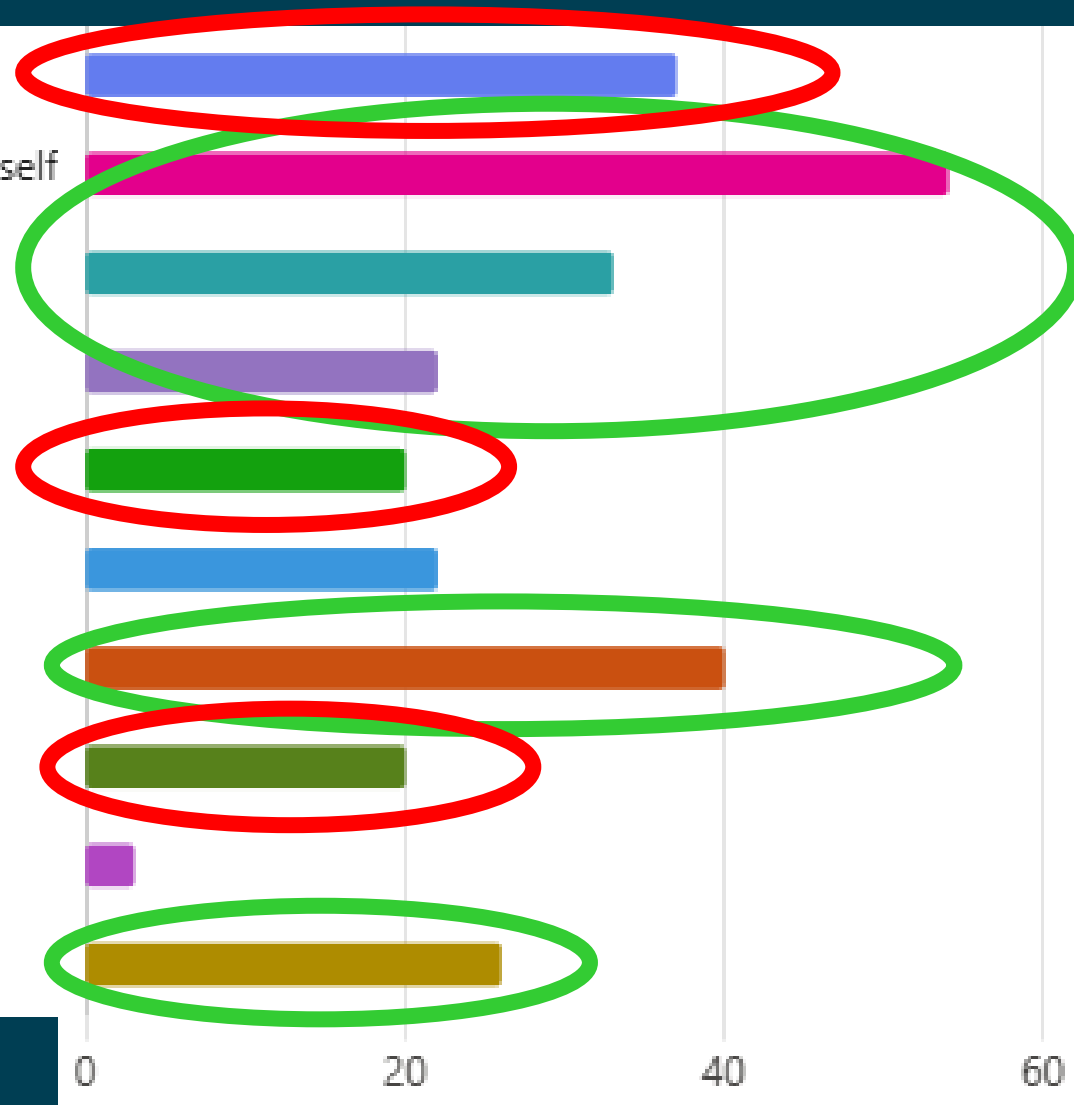


SENECA



# What is your **favourite** way to revise?

- Re-reading your **notes** or reading a **textbook**
- Making **flashcards** and then testing yourself on them
- Making **mind maps**
- **Blank page** retrieval
- **Highlighting** key information
- Watching a **video** or **screencast**
- Completing past paper questions or **practice questions**
- Making **notes**
- Listening to a **podcast**
- Using a quizzing **app**



# Tip 5: Revisit previous learning

We start to forget information over time unless that information is actively reviewed time and time again. If students take time to revisit key information then the effects of forgetting are decreased. Ideally, important information should be revisited 24 hours after first learning. This will reduce the rate of memory loss. It should then be revisited again regularly.

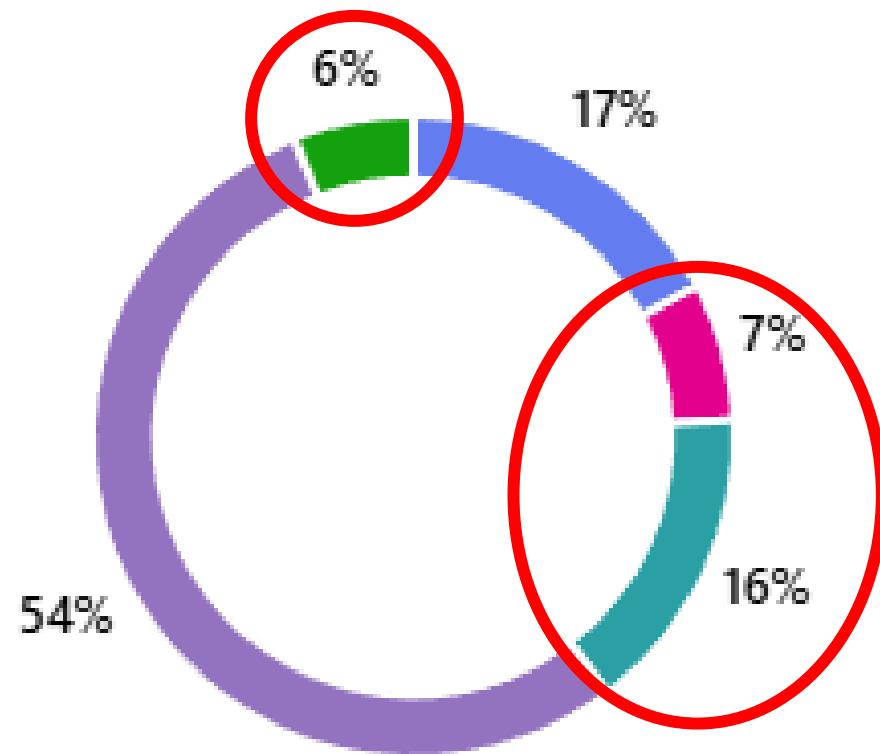
## Typical Forgetting Curve for Newly Learned Information



**WARNING:** If we do not revisit information, it is likely to disappear from our memory. Cramming for revision does not work. It overloads our memory and leads to limited understanding.

# Which of the following best describes **when** you revise for tests or exams?

- I revise on multiple days/weeks
- I revise on a single day
- I revise the night before
- It varies (it depends on the subject or topic)
- I don't revise



# To sum up ...

**As with most things in life, there are ways to make life easy for yourself when studying for exams**

## The long way

- Feels like less effort when you're studying
- Works eventually, but very slow process – a lot of unnecessary study time

## The smart way

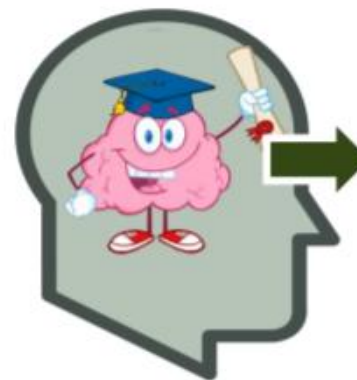
- Feels like more effort when you're studying
- BUT gets you better results, much faster

## Pushing information INTO memory



- Reading
- Making notes
- Highlighting / underlining

## Recall practice: testing yourself



- Flashcards
- Doing test / exam questions without notes
- Summarising topic from memory on blank sheet

# Year 11 Study Centre

- **Mon - Thurs**

- M38

- **3:15 - 4:30**

- Running until all exams are finished

- Refreshments

- PCs, laptops, iPads and printer

- Use of multiple rooms, including quiet space

- Text books, stationery and other resources

- Plus point for attending

- Maths support as required