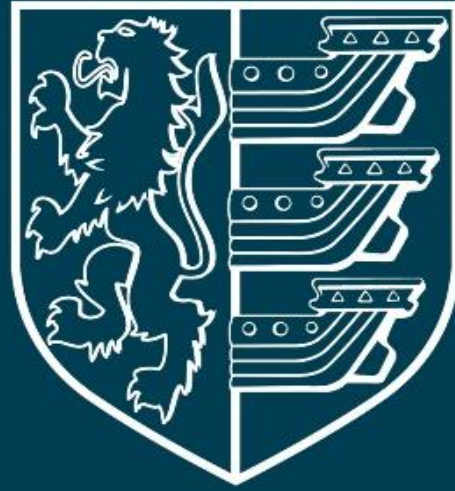
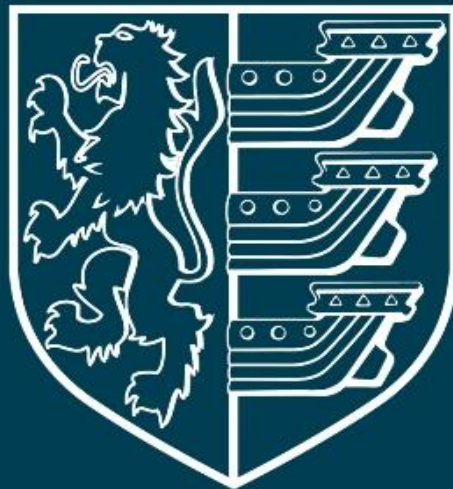




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Year 10 Information Evening

23rd September 2026



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Mr Graver

Head of Year 10

Key Ideas This Evening

- Where we're at now
- GCSE structure and grading
- English, Maths and Science resources
- Study skills
- Wider resources
- Wellbeing
- Stress
- Support

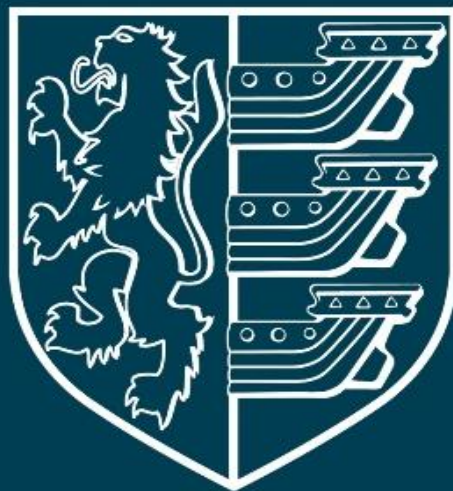


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The journey continues...

- Importance of transition from key stage 3 to key stage 4.
- The success of our first ever Year 9 careers day.
- Looking forward to Year 10 work experience.
- A record number of applicants to be student support ambassadors.
- This time next year there will be a post-16 pathways and study skills advice evening.





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Mr Grainger

Deputy Headteacher: Curriculum, Teaching and Learning

GCSE Structure

- Linear (not modular)
- Less non-exam assessment
- Single tier papers in most subjects
- Grades **9 to 1**



Tiers of Entry

- Tiered papers are only offered in **Maths, Sciences and Languages**.
- Each tier is aimed at a specific range of grades:
 - **Foundation** tier: grades **1-5**
 - **Higher** tier: grades **4-9**
- Final decisions: Spring term of Year 11



GCSE Grading

Level 2

- Grades 4-9

Level 1

- Grades 1-3

New Grades	Old Grades
9	A*
8	A
7	A
6	B
5	B
4	C
3	D
2	E
1	F
1	G
U	U

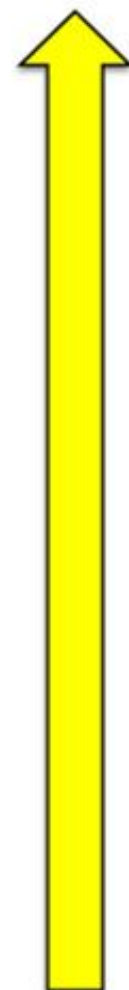
Good Pass

Standard Pass

Cambridge Nationals

- Child Development
- Creative iMedia
- Health and Social Care

CAMBRIDGE NATIONALS IN IMEDIA GRADE EQUIVALENTS



iMedia grade	Old grades	New grades
Level 2 Distinction*	A*	8.5
Level 2 Distinction	A	7
Level 2 Merit	B	5.5
Level 2 Pass	C	4
Level 1 Distinction	D	3
Level 1 Merit	E	2
Level 1 Pass	G / F	1.25

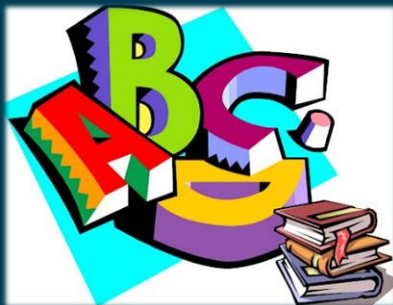
Sixth Form Entry

For A-Level programmes at many centres, you need:

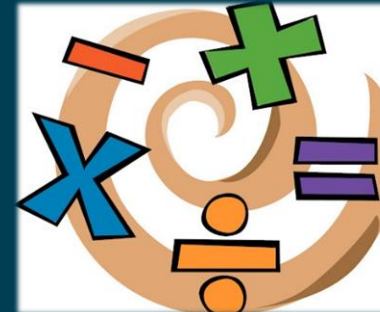
- At least **5 GCSEs**, or equivalent qualifications, at **grade 4 or above**
- Including at least one of **English Language** and **Mathematics**
- Subject-specific requirements



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English and Maths



After Year 11...

- Students without grade 4 English/Maths **must** study either/both of these subjects as part of their programme.
- This requirement is a condition of funding for **all students** on 16 to 19 study programmes.



N.E.A. + A.I.

- **Non-Examined Assessment**

- Still a small part of many GCSE subjects
- A large proportion of:
 - **Child Development**
 - **Creative iMedia**
 - **Health and Social Care**

- Big implications for attendance
 - especially in Year 10

- **Artificial Intelligence**

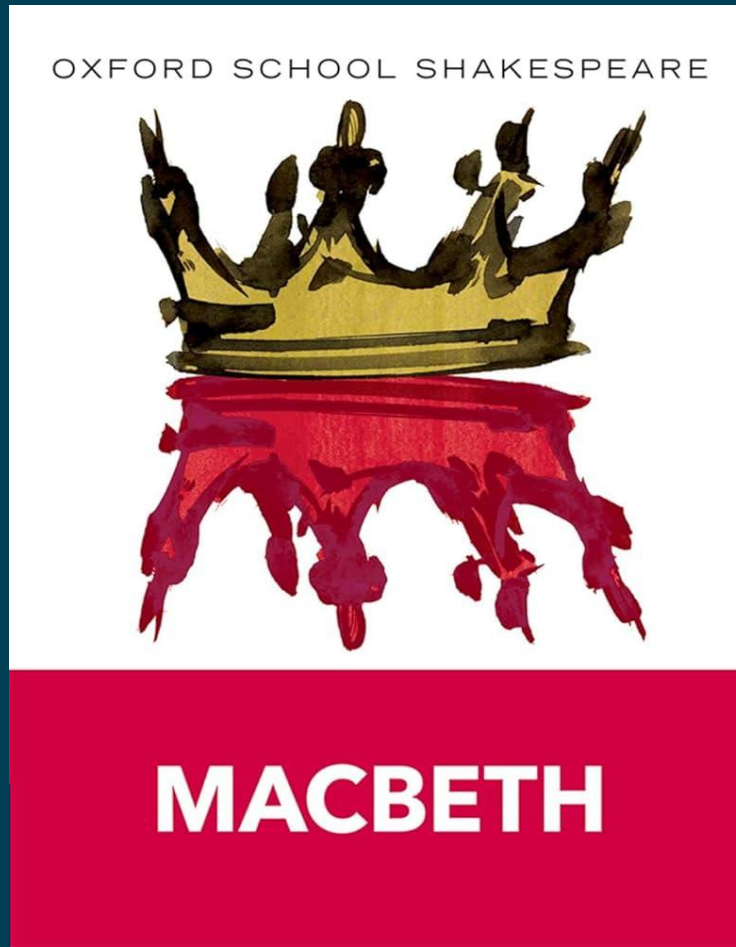
- Usage has very strict boundaries
- Parents must not help with NEA



Core Subjects Resources

English Literature (AQA)

- Macbeth - Oxford School Shakespeare version



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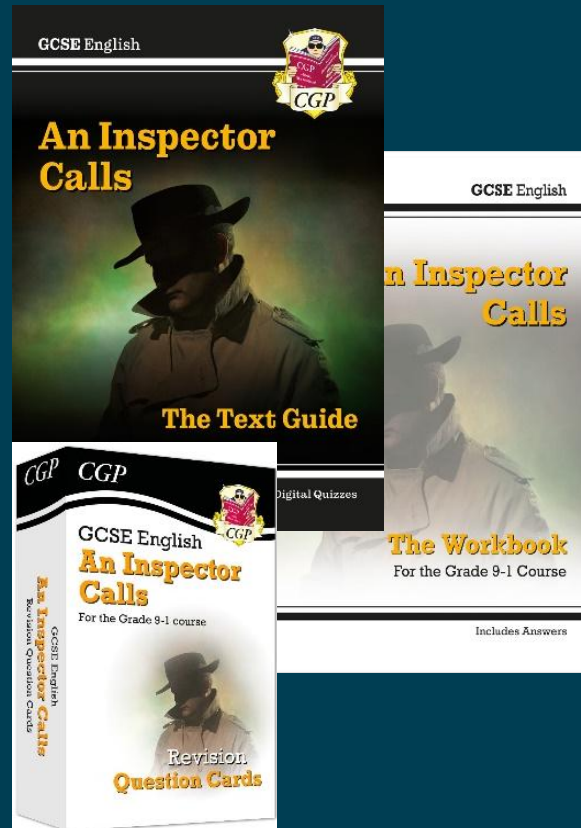
English Literature (AQA)

CGP revision guides, workbooks and flashcards

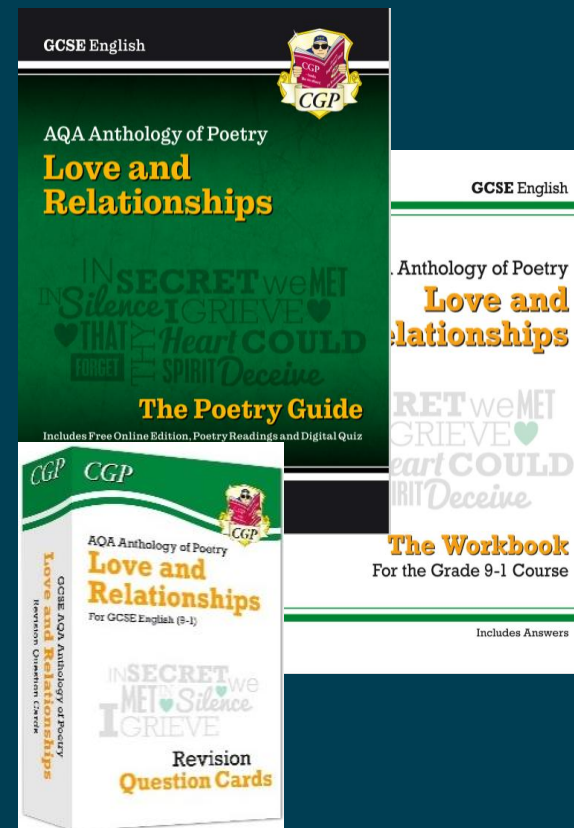
Macbeth



An Inspector Calls



Love and Relationships



A Christmas Carol



English Literature (AQA)

- **Digital Theatre**

- <https://www.digitaltheatreplus.com/>
 - email = Northgate Student
 - Password = northgate121

The logo for Digital Theatre+ features the words "DIGITAL" and "THEATRE+" in a bold, black, sans-serif font, stacked vertically on a white rectangular background.

- **GCSE pod**

- <https://members.gcsepod.com/login>



- **BBC Bitesize**

- <https://www.bbc.co.uk/bitesize/>



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English Literature (AQA)

- **Mr Bruff**

- <https://www.youtube.com/channel/UCM2vdqz-7e4HAuzhpFuRY8w>

- **Miss Dye**

- <https://www.youtube.com/channel/UCzPbeNb4OPKDJ2eCnKMw8EA>

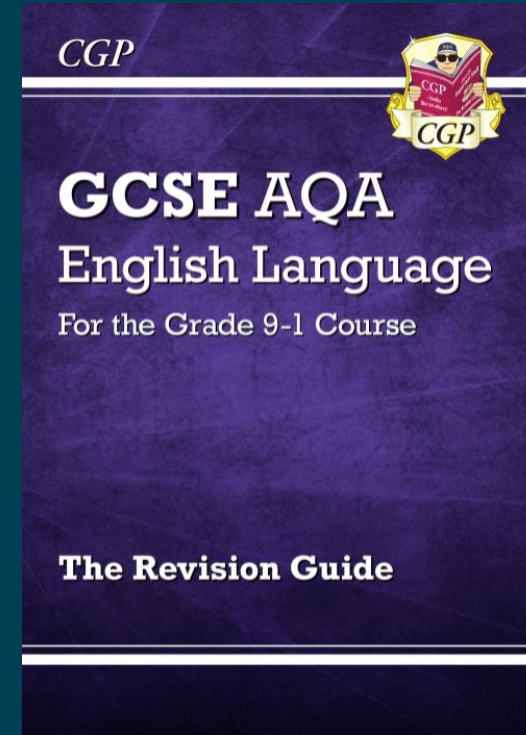
- **Miss Hanna Loves Grammar**

- <https://www.youtube.com/c/MissHannaLovesGrammar>



English Language (AQA)

- **CGP Revision Guide**

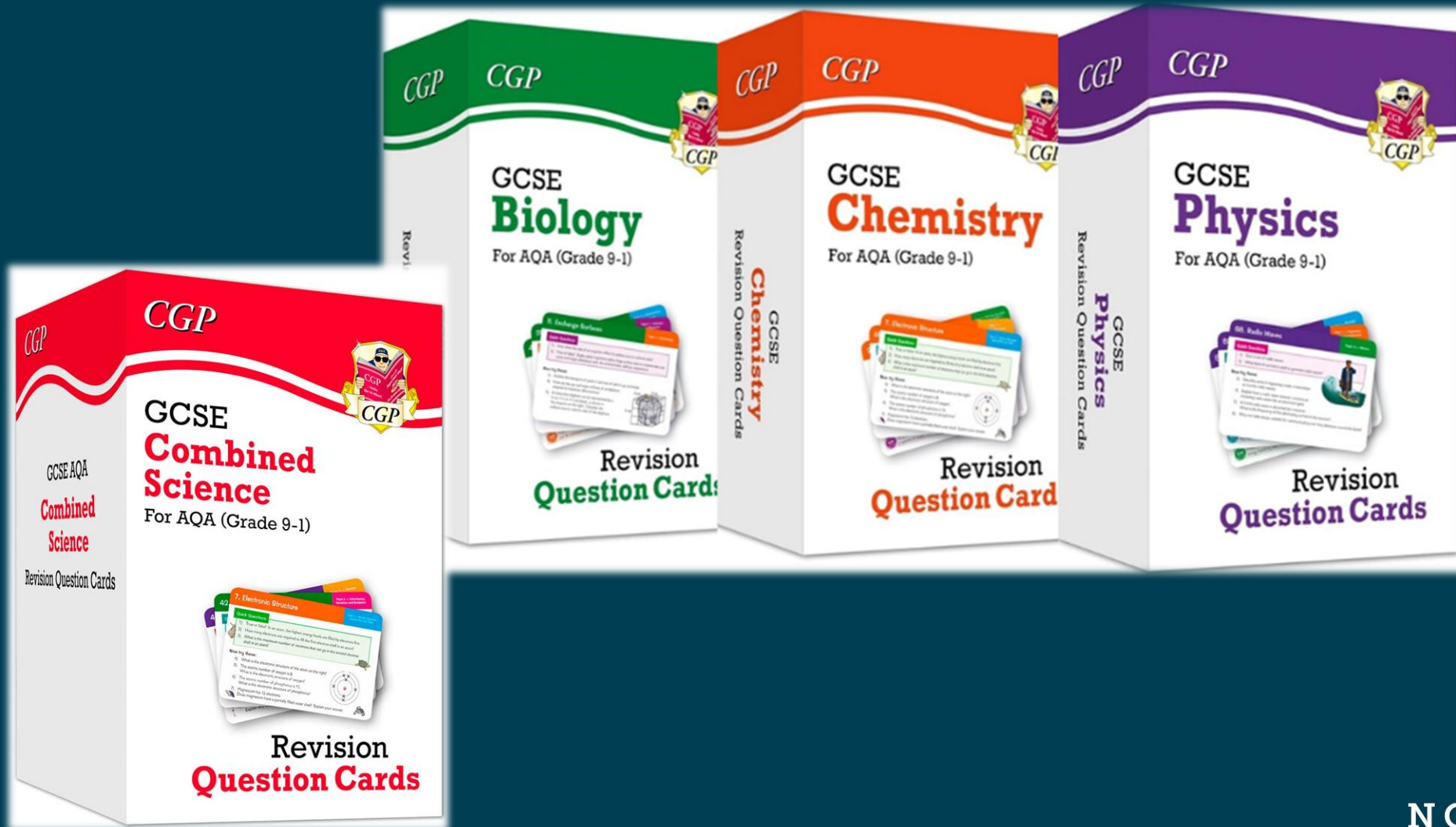


- Plus, lots in the English folder on the **Learning Portal**



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Science (AQA)



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Science (AQA)

- **BBC Bitesize**

- <https://www.bbc.co.uk/bitesize/>
- For Combined Science, it's the 'Trilogy' course

Bitesize

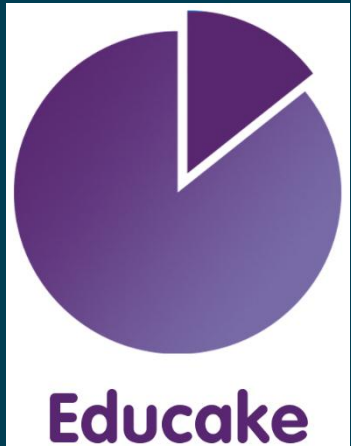
- **Free Science Lessons**

- <https://www.freesciencelessons.co.uk/gcse-revision-videos/>

freesciencelessons

- **Educake**

- <https://my.educake.co.uk/student-login>



Maths (OCR)

Northgate Maths website

www.northgatemaths.co.uk



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Northgate High School Maths Revision Portal

Tips and Tools to prepare for your exams



You can still make a difference!

Contact us

[Home](#)

[How to Revise](#)

[Papers & Screencasts](#)

[Skills checks](#)

[Topic Practice](#)

[Other Resources](#)

[A Level](#)

Welcome to the maths revision portal for Northgate High School students.

[Papers and Screencasts](#)

[How to revise](#)

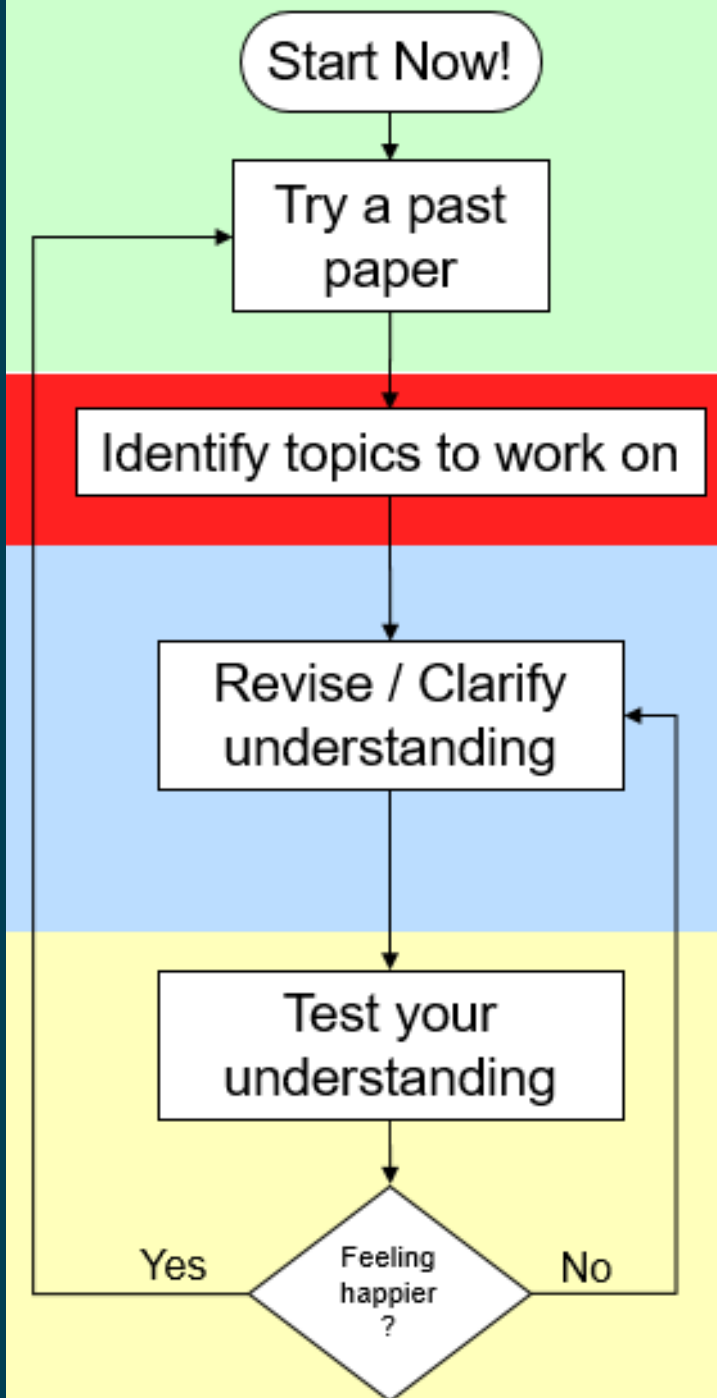
Click a button or use the menu above to navigate

[Assessment Information](#)

[Topic Practice](#)

Maths (OCR)

- How to revise for success



Maths (OCR)

Northgate Maths website

www.northgatemaths.co.uk

Sparx Maths

www.sparxmaths.com



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Sparx – Student View

sparx Homework

10/

Compulsory
1 started

XP Boost
1 started

Target
1 started

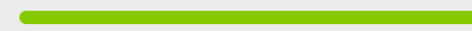
Sparx
Practice

This is your personalised Compulsory homework. You need to answer every question correctly to complete it.

Homework due Monday 4th July 3pm

19%

Homework Task 1



Completed

Homework Task 2



25%

Homework Task 3



New

Homework Task 4



New

Homework Task 5



New

Homework Task 6



New

< sparx Homework Task 2

Item A



Answer

Item B



Correct

Item C



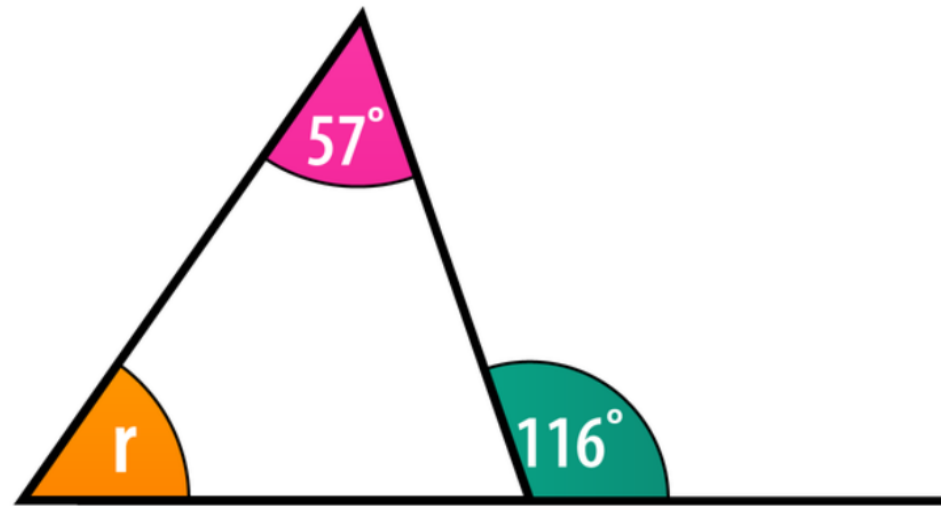
Answer

Item D



Answer

Find the size of angle r .



Not drawn accurately

Sparx – Teacher View

Student	Compulsory Homework					Optional Homework		IL ⓘ	Prev
	Completion	Working time ⓘ	Completion day	Alerts	Answers	XP Boost	Target	Time	W3
	0%	-	Not opened		View >	-	-	0h 00m	0%
	0%	-	Not opened		View >	-	-	0h 00m	✓
	0%	-	Not opened		View >	-	-	0h 00m	✓
	0%	-	Not opened		View >	-	-	0h 00m	✓
	0%	-	Not opened		View >	-	-	0h 00m	0%
	12%	0h 19m	Incomplete		View >	-	-	0h 00m	0%
	68%	0h 37m	Incomplete		View >	-	-	0h 00m	✓
	90%	0h 44m	Incomplete		View >	-	-	0h 00m	✓
	91%	0h 32m	Incomplete		View >	-	-	0h 00m	✓
	93%	0h 29m	Incomplete		View >	-	-	0h 00m	16%
	✓	1h 14m	1 day early		View >	-	-	0h 00m	✓
	✓	1h 15m	3 days early		View >	-	-	0h 00m	✓
	✓	0h 56m	1 day early		View >	-	-	0h 00m	✓
	✓	0h 45m	1 day early		View >	-	-	0h 00m	✓
	✓	0h 42m	2 days early		View >	-	-	0h 00m	✓

Sparx – Teacher View

Week 4
Due a day ago

Overall completion

90%

7%

Time taken

0h 44m

Video time

0h 2m

Status

Incomplete

Attempted

42/42

Unattempted

0/42

Homework type:

Compulsory

Homework Task 1

A

B

C

D

4

F

G

Homework Task 2

A

B

C

D

E

F

G

Homework Task 3

A

B

C

D

4

F

G

Homework Task 4

A

B

C

D

E

F

G

< Previous

Compulsory Homework Task 1 - Item E

Next >

Time on Item E: 6 mins

Watch video

+1

Attempt 4

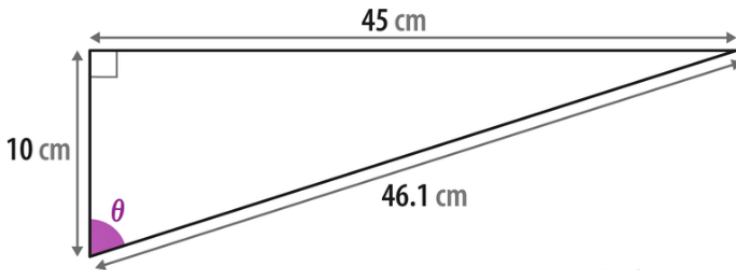
Bookwork code: D03

3 mins 2 days ago

Leave us feedback

A right-angled triangle is shown below.

Write $\tan \theta$ as a **decimal**.



Not drawn accurately
Values given are approximate

Correct answer: 4.5

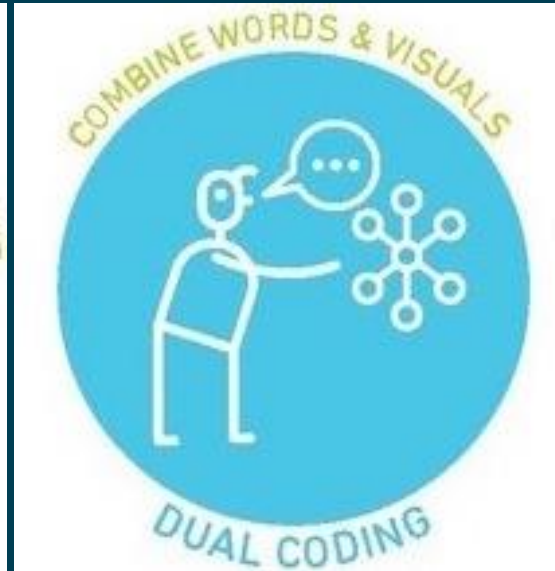
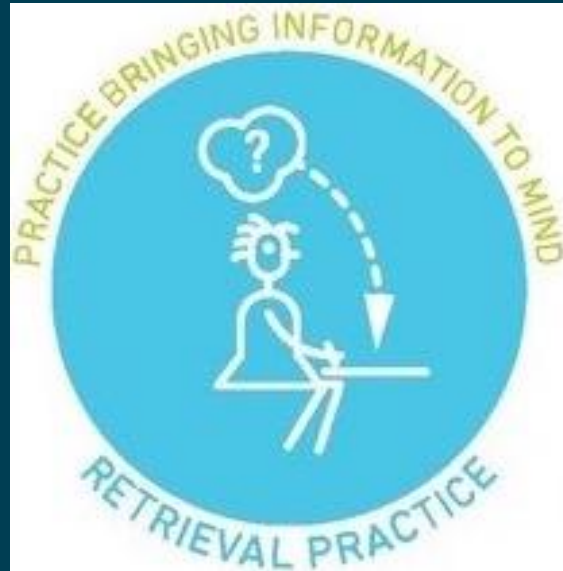
Student's answer: 4.5

Attempt 3

Bookwork code: D03

Study Skills

Effective Learning

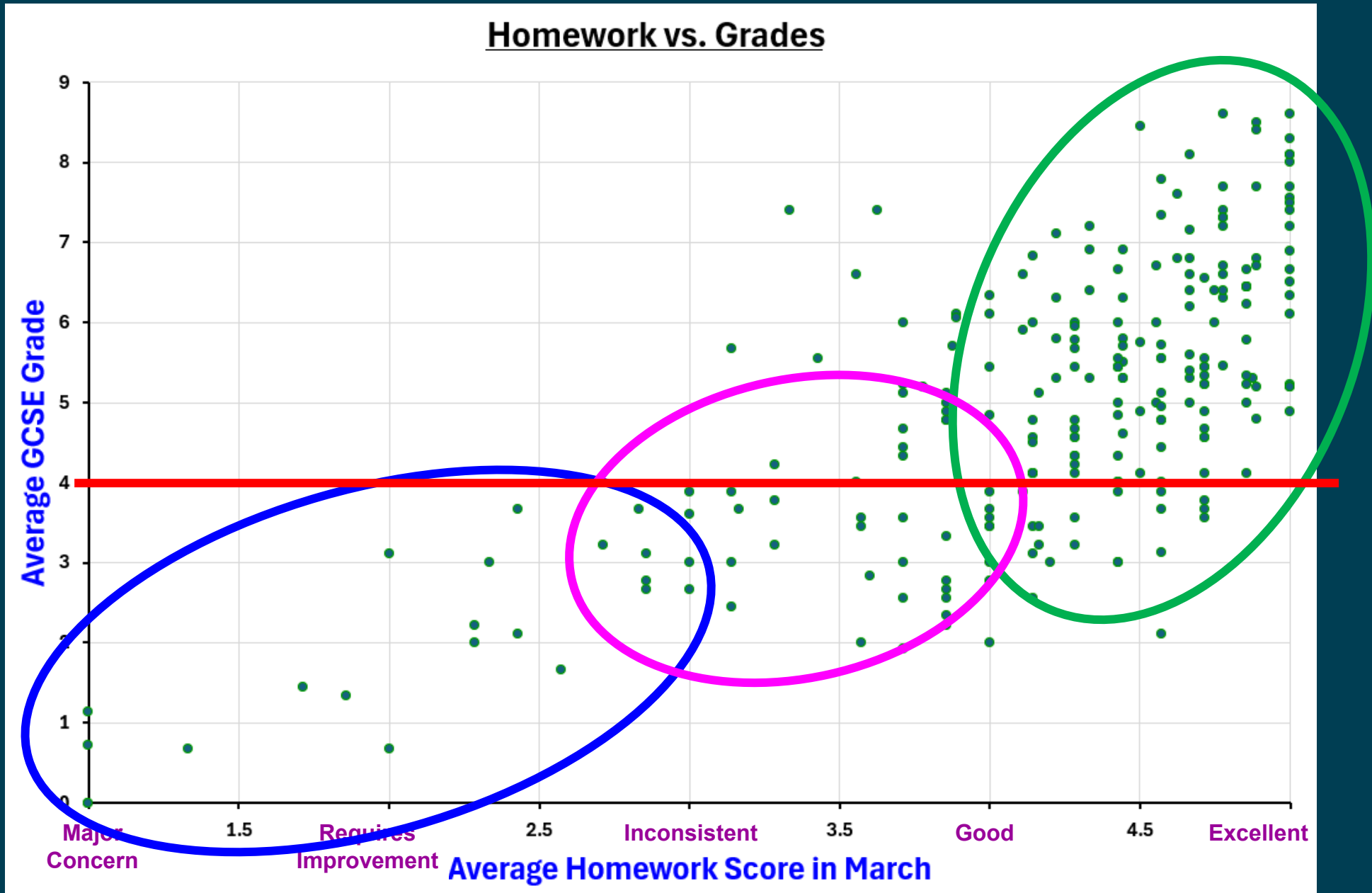


Homework

- Many homework tasks are building essential **exam skills** and **revision resources**.
- This leads to improved performance in assessments.
- It also reduces the revision load later in the course.



The Importance of Homework



Bromcom Homework

- Students and parents have separate log-ins.

Website guides

- Homework is uploaded by teachers.

- Links to resources are included, where necessary.



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Subject

All Subjects

☐ Show Past Homework ☐ Show Hidden Homework (0)

Search

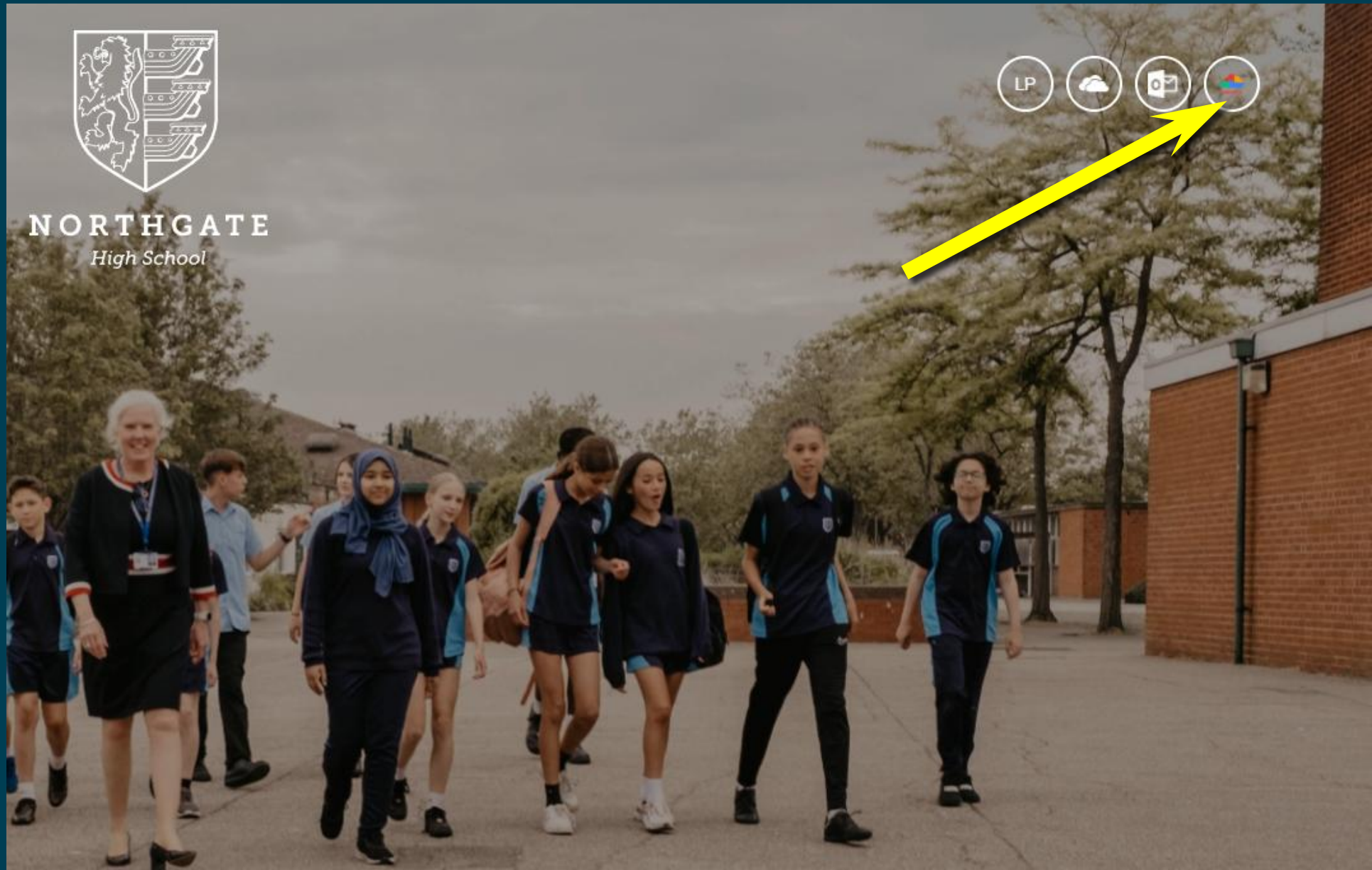
Due Date	Title	Group	Subject	Submission Type	View / Submit	Hide
14/09/2026	Bio 1.1 Enzymes review	10B/BI3	Biology	No Submission Required		☐
14/09/2026	final reminder to complete summer homework	1054/Py1	Photography	Submit a file online		☐
14/09/2026	Py Summer Work Upload and SD card	1054/Py1	Photography	Offline submission		☐
15/09/2026	History - fill the gaps summary	1052/Hi1	History	Offline submission		☐
15/09/2026	Year 10 Chemistry Periodic Table Task 1	10B/Ch3	Chemistry	No Submission Required		☐
16/09/2026	fd: cheese straws practical			No Submission Required		☐
17/09/2026	Macbeth			Submit a file online		☐
21/09/2026	Bio Y10C Bi 1.2 Digestive system review			No Submission Required		☐
22/09/2026	Year 10 Chemistry Periodic Table Task 2			No Submission Required		☐
23/09/2026	4th lesson science, enzymes revision	10B/Sc3	Biology	No file required		☐
23/09/2026	Fd; apple tart practical	1051/Fd1	Food Tech	No Submission Required		☐
23/09/2026	Sparx Maths	10B/Ma5	Mathematics	No Submission Required		☐
24/09/2026	Educake: Properties of Waves Review			No file required		☐

Click the pencil symbol for full details

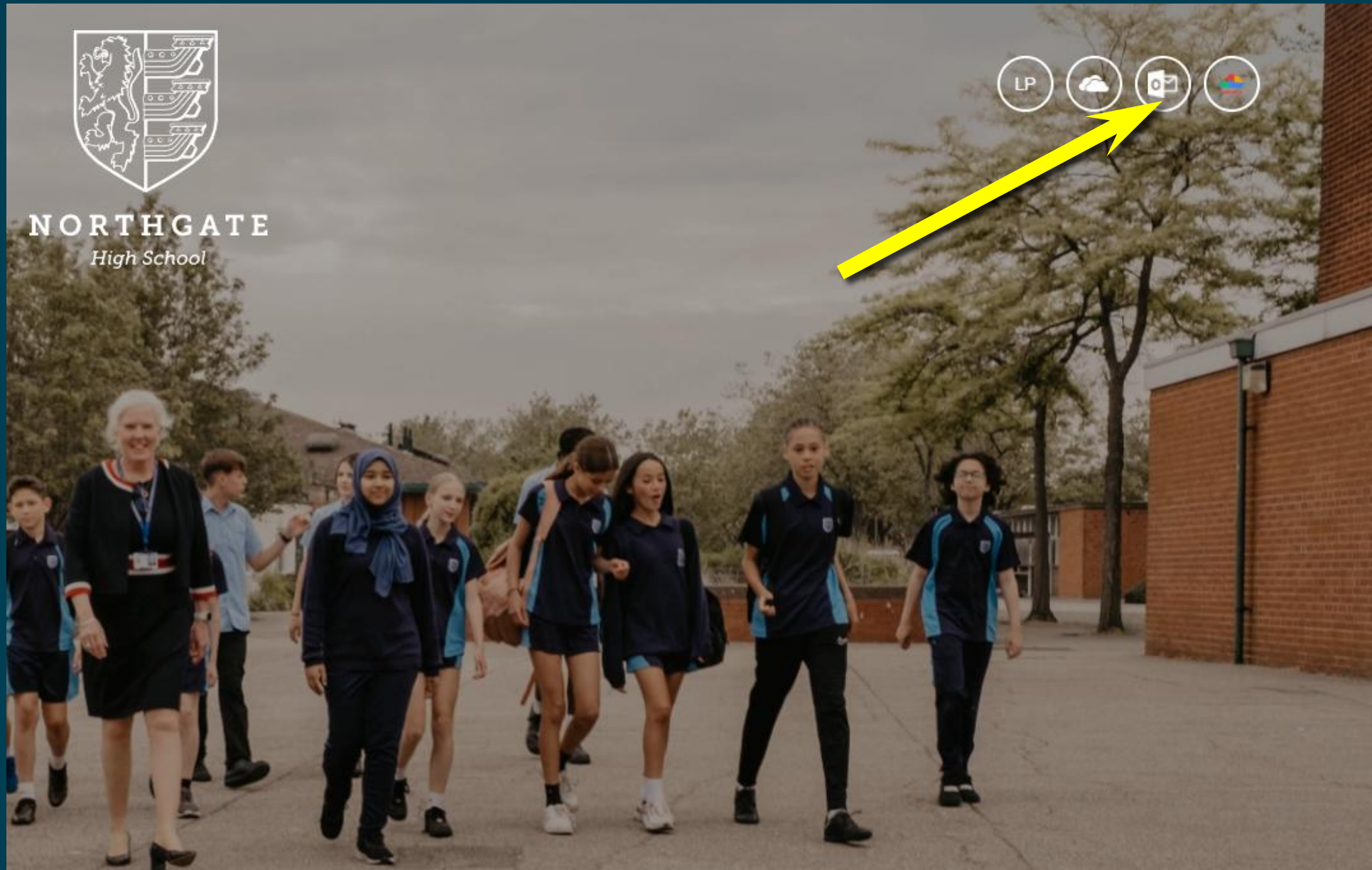
Students can 'Hide' tasks, to help with organisation

What do students need access to?

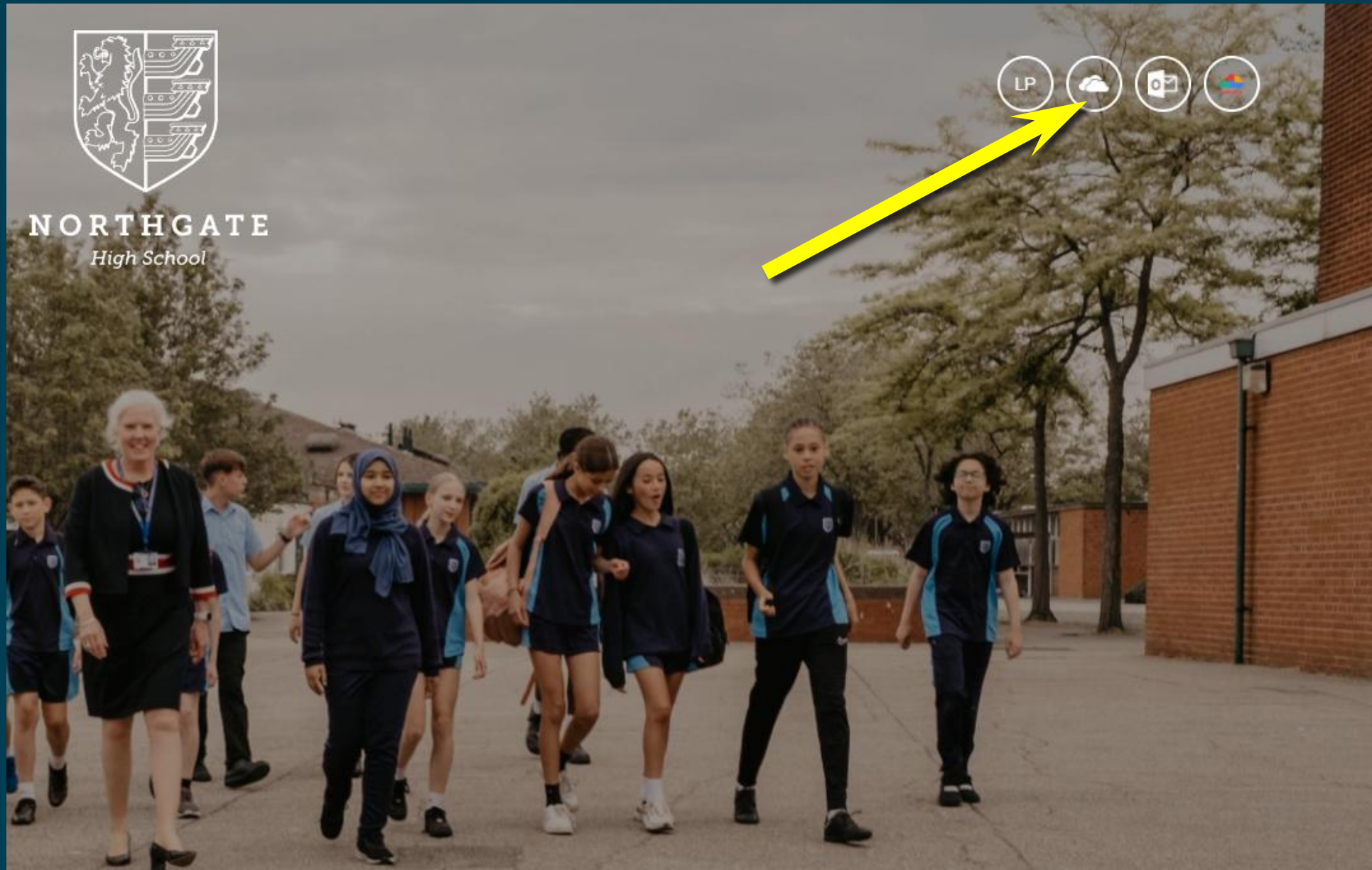
Bromcom



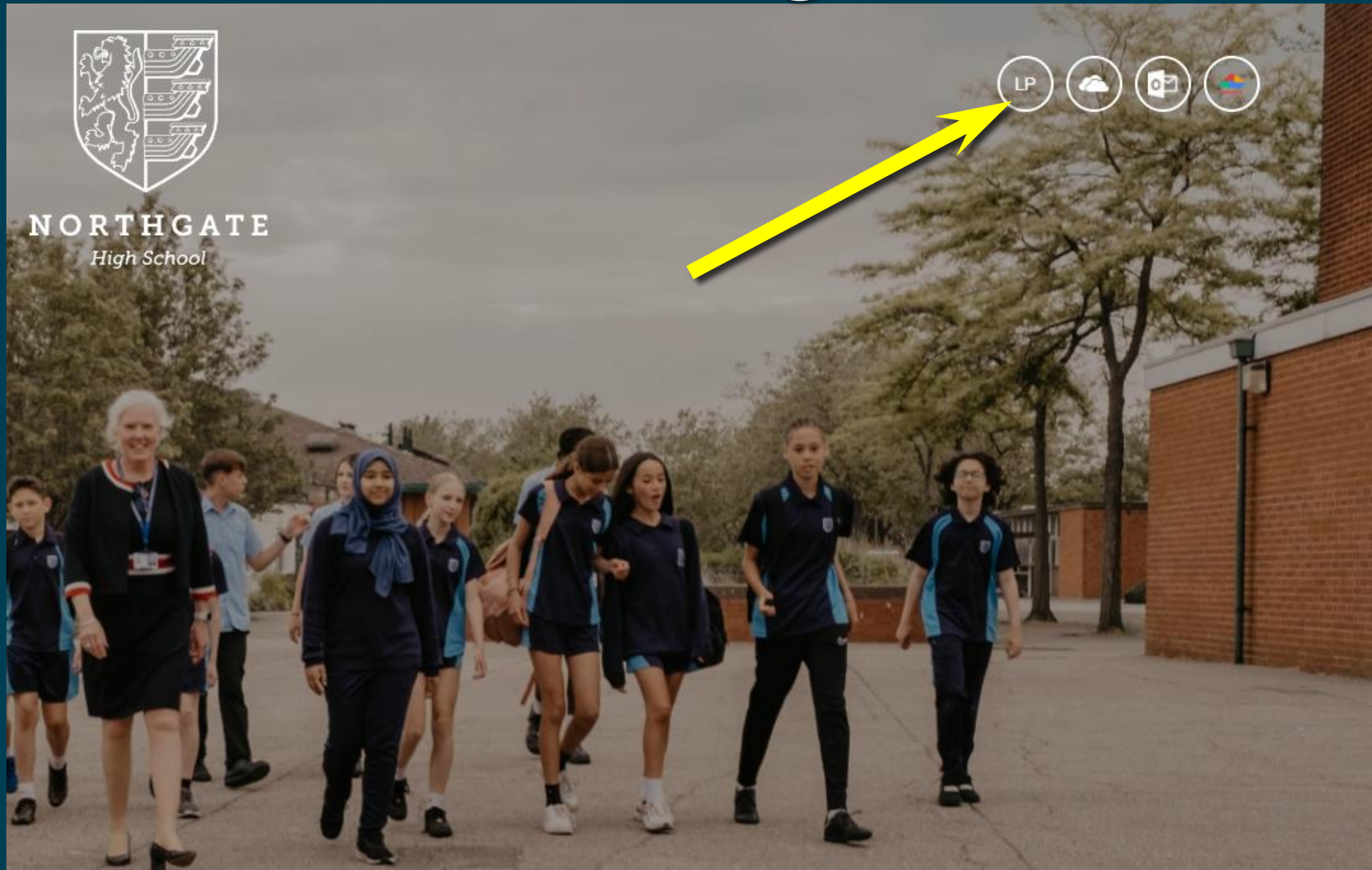
E-mail



OneDrive

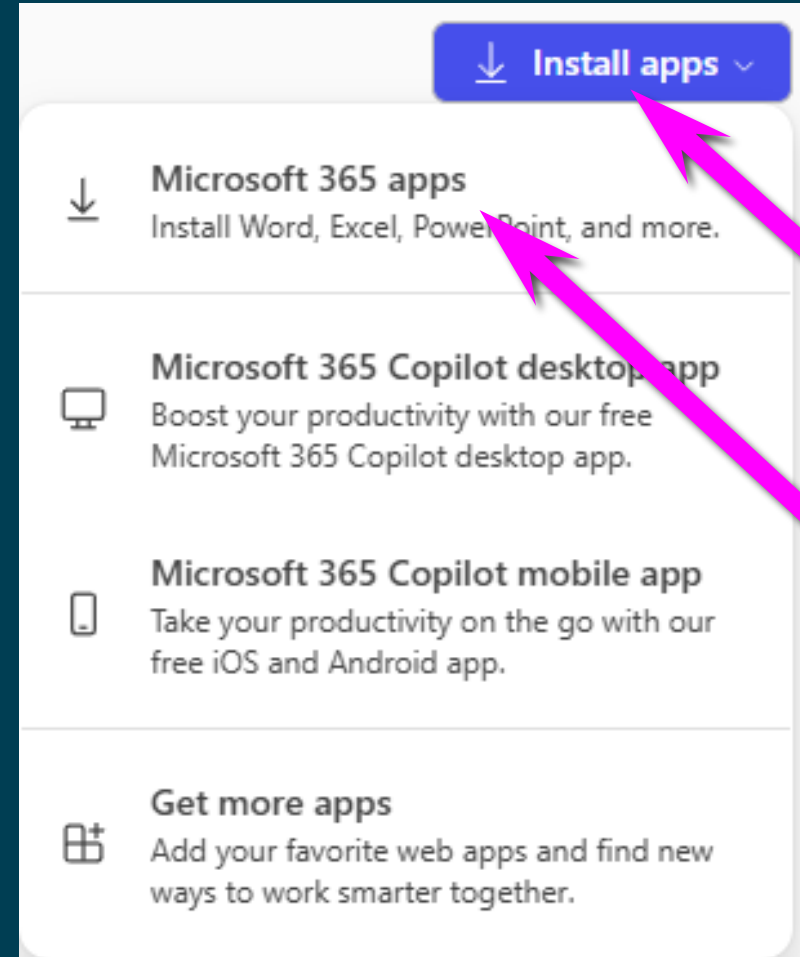
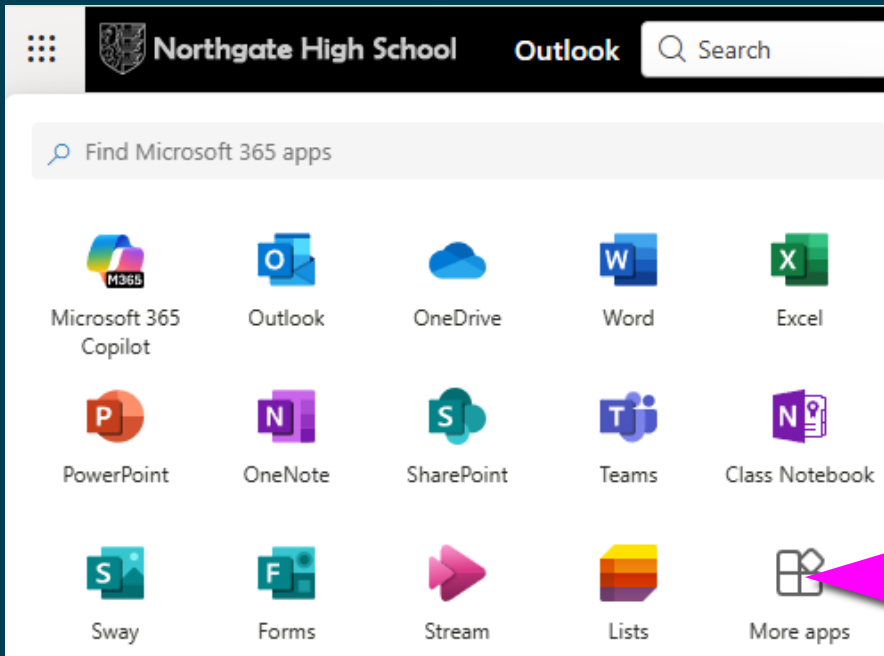
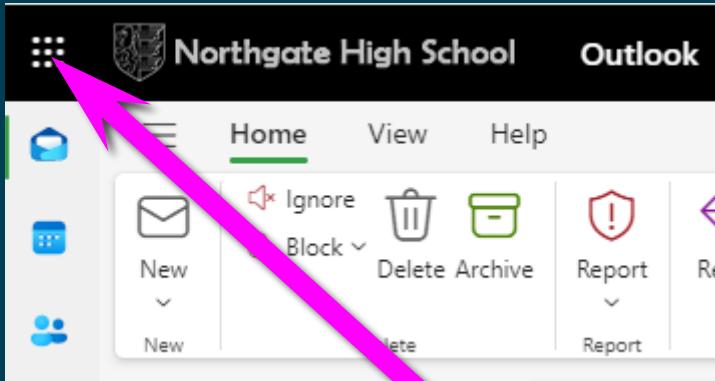


The Learning Portal



Office 365

- Installing at home, for free:

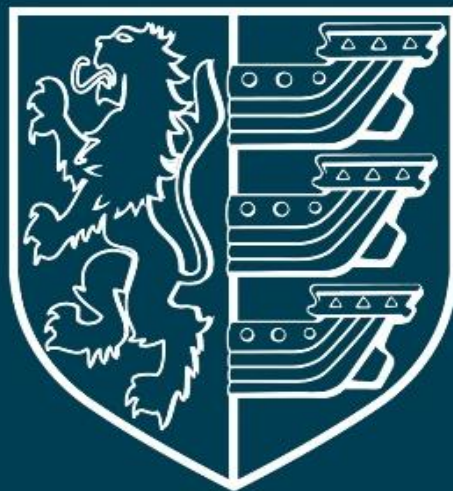


Office 365 Apps



- Available on Android and Apple.
- Sign in using Northgate e-mail address and password.





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Mr Tunaley

Deputy Headteacher: Behaviour and Safeguarding

Setting yourself up to succeed

- What three aspects of your health do you think are most important to prepare yourself for this next two year?

Physical Health

What you eat
and what you
do!



Emotional Health

What do you
do to cope?



Social Health

Do you
manage your
relationships?



Sleep True or False

- Sleep strengthens and rebuilds memory, helping you process information learned during the day and perform better at exams.
- True! **Problem solving** is enhanced by sleep, estimated to be three-fold



Sleep True or False

- Screens on phone, laptops, and TVs emit blue light that tricks the brain into stopping melatonin production so you can fall asleep quicker.
- False! Melatonin is the hormone that makes you tired and it is stopped by blue light! Phones do not help you sleep.



Sleep True or False

- Going to bed and waking up at the same time every day (including the weekends) trains your body's internal clock and makes falling asleep easier.
- True. The better you can become at getting your sleep routine, the better you will sleep.



Sleep True or False

- Coffee, energy drinks and fizzy drinks stay in your system for an hour but don't impact on your sleep cycles.
- False! The caffeine in these types of drink will stay in your system for hours and impact on your ability to fall asleep.



Sleep True or False

- Most teenagers only need 6 hours sleep a night.
- False! All teenagers will benefit hugely from 8 to 10 hours sleep per night. If you are getting less than that you are not getting the full benefits that sleep can give you.



Good sleep increases

- Ability to concentrate
- Ability to pay attention
- Decision making capacity
- Creativity
- Social skills
- Health



Conditions for good sleep

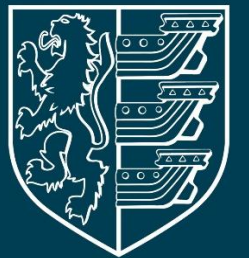
- Encourage no screen time for at least 30 minutes before bed: Phones, tablets, TV.
- 21 minutes sleep gained if you put your phone down an hour before going to sleep!
- Cut out the caffeine and don't binge eat before bed.
- Avoid weekend sleep pattern changes: late nights and long lie-ins can disrupt the body clock.
- A dark and slightly cool room.
- Exercise will help you drop off.



Stress

Stress is not always a bad thing....

- Too little and your child may struggle to meet the challenges of everyday life.
- Too much and your child may feel overwhelmed.
- Your child is not going to be able to avoid stress in life, what is important is they develop the skills to manage it.



Top sources of stress:

- School work and revision
- Parents/carers/guardians
- Relationships



Helping your child prepare for exam and school-related stress:

- Help them identify what exactly is causing the stress.
- Encourage them to sleep well.
- Encourage them to eat well and drink water.
- Acknowledge difficult times but remind them they can cope.
- Help them build a weekly plan to manage time outside of school.
- Encourage breaks.
- Give them time.



Attendance

- Having an average attendance of 80% over your time at school will result in 1 year of missed learning.
- Only 35% of students with attendance below 90% achieve a grade 4 or above in English and Maths
- Students with no absence are nearly three times more likely to achieve 5+ GCSE grade 4 and above.



Support in School

- Class teacher, form tutor and keyworkers
- Assistant Head of Year – Mrs Porter (via Form Tutors)
- Mr Graver (Head of Year)
- Learning Support (Mrs Allsop SENCO & Mr Bluck)
- Community mentors
- Counselling services
- School Nursing team



Support Outside of School

- Suffolk Wellbeing Service
 - www.wellbeingnands.co.uk/suffolk/



- Kooth
 - www.kooth.com/



Thank you for coming!