

The DofE is a life-changing adventure you don't want to miss.

It's about going the extra mile – learning new skills for work and life, getting fitter, helping others, and exploring the countryside.

Millions of young people in the UK have already done their DofE.

Now it's your turn.









The DofE ...

You achieve an Award by completing a personal programme of activities in four sections:

- Volunteering: undertaking service to individuals or the community.
- Physical: improving in an area of sport, dance or fitness activities.
- Skills: developing practical and social skills and personal interests.
- Expedition: planning, training for and completion of an adventurous journey in the UK.

Bronze Award

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Plan, train for and complete a 2 day, 1 night expedition

All participants must undertake a **further** 3 months in the Volunteering, Physical or Skills section.

Volunteering

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Helping a charity or community organisation









All sections require an assessor to provide a report as evidence of you completing that section

Physical

Anything that requires a sustained level of physical energy and involves doing an activity.

You are free to do this section independently or as part of a team.

All sections require an assessor to provide a report as evidence of you completing that section

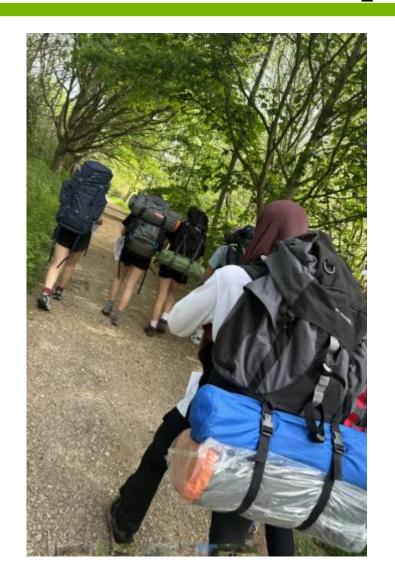
Skill

Ultimately you must be able to prove that you have broadened your understanding and increased your expertise in the chosen skill.

You are free to do this section independently or as part of a team.

All sections require an assessor to provide a report as evidence of you completing that section

Expedition



In groups of 7, you will: Train for, plan for and complete a practice and qualifying expedition where you are fully self sufficient, carrying everything you need for the entirety of the expedition.

The expedition process

Training (every Wednesday after school)

Practice expedition (1 day walk)

Qualifying expedition (overnight camp)

Assessment

Duke of Edinburgh Key Dates 2025 - 2026

Bronze Award

Application Deadline	Friday 7 th November 2025
Welcome Meeting	
Expedition Training Sessions	Weekly from Wednesday 4th March 2026 (3.20pm in M44)
Bronze Practice Expedition	Saturday 16 th or Sunday 17 th May 2026 (Holbrook)
Bronze Qualifying Expedition	Saturday 20th to Sunday 21st June 2026 (Grundisburgh)
Or	
Bronze Qualifying Expedition	Saturday 27th to Sunday 28th June 2026 (Grundisburgh)

If you have any queries or questions please speak to Ms Turner or Mr Songhurst in M45/L01



- 1) Check emails
- 2) Check dates are OK
- 3) Find a volunteering placement

To enrol on the DofE Bronze Programme:

- Return completed enrolment form
- Return completed volunteering placement slip
- Payment of £34.50 enrolment fee on Bromcom