Format of the Evening

- The Sixth Form route
- Vocational Courses at College
- Apprenticeships
- Study support for Year 11
- Top study tips for Year 11
- In the Northgate Sixth Form Centre – a chance to meet representatives from local learning providers.
Exhibitors

- Northgate Sixth Form Centre
- Apprenticeships
- Suffolk New College
- Tchc
- Northgate High School Careers
- Easton + Otley College
- Army
- University of Suffolk
- Royal Navy
Triangle of Learning

Motivation

Purposeful Practice    Master Coaching

Inspired by ‘Bounce’ by Matthew Syed
Motivation

• High youth unemployment
• Yet ... many vacancies unfilled
• Employers need young people with
  – good qualifications, motivation, willingness to learn new skills
  – work experience and a good reference
Which Way now?

• Huge choice post-16
• Options are:
  – full time education e.g. school / college
  – Or work-based learning e.g. an apprenticeship/part time education with employment or voluntary work
• Competition for places
The September Guarantee/RPA

- Ensures that every 16 and 17 year old is offered an appropriate place of learning for the September following the end of compulsory education

- Raising the Participation Age – The law has changed – young people must stay in learning until the age of 18

- A back up option is vital for many young people to avoid becoming NEET (Not in Education, Employment or Training)
Support at Northgate

- Careers Lessons (Mrs S Cook)
- Careers Adviser (Mrs V Calder & Mrs L Cook)
- Information & Guidance – College routes (Mrs S Flame)
- Teachers
Typical destinations

• Sixth Forms – 68%
• Further Education – 30%
• Apprenticeship / Work with Training – 1%
• NEET – 1%
Qualifications at Post-16 Centres
Post-16 Education

Post-16 education happens in:

- School Sixth Forms
- Sixth Form Colleges – e.g. Suffolk One
- Colleges – e.g. Suffolk New College
- Private training providers – e.g. tchc, WS Training
- Work-based learning employer-providers e.g. NHS, Fire Service (Level 2 and 3)

Post-16 Pathways

**School Sixth Form**
- A Levels
- Applied general qualifications e.g. BTEC, OCR Technical Certificates
- GCSEs

**FE Colleges**
- Applied general qualifications e.g. BTEC, OCR Technical Certificates
- GCSEs
- Apprenticeships
- Traineeships
- Specialist programmes – e.g. study programmes, SEND programmes
- T Levels

**Apprenticeship Providers**
- Apprenticeships
- Traineeships
A Levels

- Advanced Level qualifications – Level 3
- Subject based qualifications
- Widely recognised
- Can lead to university, further study, training, apprenticeships or work
- Normally study 3 A Levels over two years
- Usually assessed by a series of exams
- Linear
• Wide curriculum and choice
• Over 30 subjects offered at level 3
• Preparation for Advanced Level Study course
<table>
<thead>
<tr>
<th>2 Year A Level</th>
<th>Block A</th>
<th>Block B</th>
<th>Block C</th>
<th>Block D</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Biology</td>
<td>Business (BTEC)</td>
<td>Art</td>
<td>Art</td>
</tr>
<tr>
<td></td>
<td>Business Studies</td>
<td>Chemistry</td>
<td>Biology</td>
<td>Chemistry</td>
</tr>
<tr>
<td></td>
<td>Chemistry</td>
<td>Computer Science</td>
<td>Business Studies</td>
<td>Economics</td>
</tr>
<tr>
<td></td>
<td>Dance</td>
<td>Early Modern History</td>
<td>Design Technology</td>
<td>Design Technology</td>
</tr>
<tr>
<td></td>
<td>English Literature</td>
<td>Economics</td>
<td>Drama</td>
<td>Drama</td>
</tr>
<tr>
<td></td>
<td>Film Studies</td>
<td>Geography</td>
<td>English Literature</td>
<td>English Literature</td>
</tr>
<tr>
<td></td>
<td>German</td>
<td>Law</td>
<td>French</td>
<td>French</td>
</tr>
<tr>
<td></td>
<td>Health and Social Care</td>
<td>Media Studies</td>
<td>Mathematics</td>
<td>Mathematics</td>
</tr>
<tr>
<td></td>
<td>ICT</td>
<td>Physical Education</td>
<td>Modern History</td>
<td>Modern History</td>
</tr>
<tr>
<td></td>
<td>Mathematics</td>
<td>Physics</td>
<td>Photography</td>
<td>Photography</td>
</tr>
<tr>
<td></td>
<td>Music</td>
<td>Psychology</td>
<td>Physics</td>
<td>Physics</td>
</tr>
<tr>
<td></td>
<td>Photography</td>
<td>Sociology</td>
<td>Politics</td>
<td>Politics</td>
</tr>
<tr>
<td></td>
<td>Psychology</td>
<td>Spanish</td>
<td>Psychology</td>
<td>Psychology</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Sociology</td>
<td>Sociology</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Textiles</td>
<td>Textiles</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2 Year Double A Level</th>
<th>Maths and Further Maths</th>
<th>GCSE Maths</th>
<th>GCSE English</th>
<th>GCSE English</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other 1 year courses</td>
<td>GCSE ICT</td>
<td>GCSE Science</td>
<td>GCSE English</td>
<td>GCSE Psychologi</td>
</tr>
<tr>
<td></td>
<td>GCSE Maths</td>
<td>Business (BTEC) 1 Year</td>
<td>GCSE Film Studies</td>
<td></td>
</tr>
</tbody>
</table>
English Language & Mathematics

- GCSE grade 3-0 in English Language, you will have to continue studying this subject.
- GCSE grade 3-0 in Mathematics, you will have to continue studying this subject.
- Use the Maths website.
- Attend English support sessions.
A Levels: Entry Requirements

- Usually you need at least five or six GCSEs at grades 4 to 9
- Must have either Maths or English at GCSE grade 4 or above (preferably both)
- Sometimes, you need a grade 6 in a particular subject to take it at A Level
GCSE/Level 2

- Programmes available that enable students to get their GCSE grade 4 in English and/or Maths
- Improve their overall profile
- Keeps options open for another year
Work Related Qualifications

BTEC

Cambridge/OCR Nationals
Applied General Qualifications

- Rigorous advanced Level 3 qualifications
- Equivalent to A Levels
- Allow 16-19 year old students to develop transferable knowledge and skills
- For students who want to develop their education through applied learning
- More coursework and modular in approach

What they are …..

- Work related
- Practical, real world approach to learning
- Develop skills required for the workplace
- Provide progression to employment
- Can lead to progression onto higher education programmes
- Developed with employers’ representatives
Assessment

- Realistic, work-based assignments
- Often coursework orientated
- Practical approach to assessment
- Internally assessed, externally moderated
Some Examples

- Agriculture
- Animal Management
- Art & Design
- Business
- Construction
- Engineering
- Health & Social Care
- Hospitality
- Travel & Tourism
- Leisure
- Media
- Performing Arts
- Public Services
- Sport
- ICT
Examples of Diplomas

Diploma Level 3 - Applied Science Extended Certificate

Diploma Level 3 - Applied Science Extended Diploma

Diploma Level 3 - Art and Design Extended Diploma

Diploma Level 4 - Art and Design Foundation Diploma

Diploma Level 3 - Beauty Therapy Diploma

Diploma Level 3 - Business Extended Diploma
Examples of Diplomas

Diploma Level 3 - Sport Extended Certificate
2 Years

Diploma Level 3 - Sport Extended Diploma
2 Years
T Levels – level 3 programmes

- T Levels will be available in 15 industries
- Each programme will consist of 5 components:
  - Approved technical qualification
  - Work placement (45 days)
  - Maths, English and digital requirements
  - Any other relevant requirements/qualifications
  - Any employability, enrichment and pastoral provision
- From September 2020 – Digital, Construction, Education and Childcare
- West Suffolk College, Suffolk New College

https://youtu.be/Bv3zpEAm3sk
Study Programmes

• Provide students with a structured and challenging learning programme
• Supports development and progression in line with their career plans
• Individually tailored
• Typically contains:
  – Substantial qualification to prepare for education at next level or employment
  – English & Maths where students have yet to achieve GCSE grade 4
  – Work experience
  – Development of student’s character and broader skills, attitudes and confidence
Apprenticeships

- Earn a wage
- Real job with a real employer
- Contract of employment including holiday pay
- Study towards a job related qualification
- Work for at least 30 hours per week

https://www.youtube.com/watch?v=n4qA3pd5xNA
Levels of Apprenticeship

- Intermediate apprenticeship Level 2
- Advanced apprenticeship Level 3
- Higher apprenticeship Level 4-7
- Degree apprenticeship Level 6 & 7

Skills, Knowledge & Behaviours
# Range of Apprenticeships

<table>
<thead>
<tr>
<th>Accounting</th>
<th>Aviation</th>
<th>Horticulture</th>
<th>Architect</th>
<th>Creative &amp; Digital</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teaching</td>
<td>Cyber Security</td>
<td>Surveying</td>
<td>Project management</td>
<td>Nursing</td>
</tr>
<tr>
<td>Dental Nursing</td>
<td>Hospitality</td>
<td>Hairdressing</td>
<td>Legal Services</td>
<td>Journalism</td>
</tr>
</tbody>
</table>

*Brought to you by National Apprenticeship Service*
# Finding an Apprenticeship

1. Register on Find an apprenticeship
2. Do your research
3. Search and apply
4. Manage your alerts
5. Contact companies

---

Brought to you by National Apprenticeship Service
Finding an Apprenticeship

To find an apprenticeship visit GOV.UK and search for apprenticeships
Key Dates

- **9th Oct** - Open Evening (a chance to talk to teachers about Sixth Form)
- **4th - 8th Nov** – Mock GCSE exams
- **18th Nov** - Sixth Form interview evenings begin
- **w/c 25th Nov** - Wellbeing week
- **29th Nov** – Mock results and Progress Check
- **4th Dec** - Sixth Form info. evening
- **Dec - Jan** - deadline for some college applications
Key Dates

- **9th Jan** - Year 11 Parents’ Evening
- **20th Jan** - Sixth Form applications close
- **4th Mar** – English Literature and Maths Mocks
- **25th Mar** - Year 11 Revision Advice Evening
- **11th May** - GCSE written exams begin
Key Dates

• Note:
  – Mock and actual exams in practical subjects and speaking exams for languages will take place over the course of the year.
  – Students will be informed of dates by their teachers.
Key Dates

- **9th Jan** - Year 11 Parents’ Evening
- **20th Jan** - Sixth Form applications close
- **4th Mar** – English Literature and Maths Mocks
- **25th Mar** - Year 11 Revision Advice Evening
- **11th May** - GCSE written exams begin
- **25th Jun** - Year 11 Prom
- **20th Aug** - GCSE results published
The Principles of Learning and Revision
The 5 Rs

Research

Review

Respond to Feed Back

Read around

Reflect
The 5Rs - Student Guide

Review: Revise, test, re-test
- Are you using criteria sheets/check lists to focus your revision?
- Are you revisiting older material and testing yourself on it?
- Are you regularly applying what you know to exam style questions?
- Are you clear about how to use effective revision strategies? e.g. Mind maps, flashcards?
- Are you taking pride in your work and checking your work before you hand it in?

Research: Prepare for the lesson
- Are you using relevant resources so that your revision is focused?
- Are your note-making and research strategies effective?
- Are you able to solve problems and carry out your own enquiries?
- Are you able to generate relevant enquiry questions?

Respond to Feedback: Act on advice
- Are you using tests and quizzes to diagnose the areas that you are struggling with?
- Are you regularly using teacher feedback to improve your work?
- Are you learning from your mistakes and seeking help from your teacher when you need it?
- Are you re-attempting questions that you have struggled with?

Read Around: Find out more
- Are you reading around key topics and making links to what you are studying?
- Are you using resources such as GCSEPod and Bitesize to help you study?
- Are you reading fiction and non fiction for pleasure?
- Are you sharing what you are reading, watching and listening to, in relation to a particular topic?

Reflect: What is working?
- Are you able to identify your own strengths and weaknesses?
- Do you feed back to the teacher on areas that you find difficult?
- Are you able to identify clear targets to improve?
- Are you able to transfer what you have learned in one lesson to future lessons?
The Need for Revision

Ebbinghaus curve of forgetting

- 54% is remembered after 1 day
- 35% is remembered after 1 week
- 21% is remembered after 2 weeks

recall peaks after learning experience has ended
without review rapid decline in recall

recall

finish learning

time
Making Learning Stick

- Learn
- Repeat
- Repeat
- Repeat
- Repeat

[Graph showing the review curve with multiple peaks and troughs, indicating the learning retention over time.]
How to Revise

• Choose a topic to study
• Start by testing yourself
• Identify areas of weakness
• Focus on improving these areas
• Re-test understanding
• Clarify any remaining misunderstanding
• Move on to the next topic
The (Re)Testing Effect

• Revision shouldn’t be ‘comfortable’
  – revising areas you already know leads to overconfidence and self-delusion

• ‘Effortful retrieval’ of information:
  – strengthens memory pathways
  – enhances long-term memory

• Students using repeated re-testing can recall 50% more than those who use repeated study.
Maths example
Revision Support

• Homework and Revision Centre
  – Mon-Thurs, 3:15-4:30

• Department drop-ins / masterclasses

• Subject criteria

• Past paper questions
  – with mark schemes to check

• Revision guides
  – to help with understanding
Go4schools Homework

- Students and parents have separate log-ins.
- Homework is uploaded by teachers.
- Links to resources are included, where necessary.
- Aimed at improving independent study.
Example

- Ongoing and Recent tasks:

<table>
<thead>
<tr>
<th>Due</th>
<th>Subject</th>
<th>Title</th>
<th>Guidance time</th>
<th>Set</th>
<th>Done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Today</td>
<td>English</td>
<td>Paper 2 Question 1</td>
<td>30 min.</td>
<td>Tue, 10 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Tomorrow</td>
<td>Chemistry</td>
<td></td>
<td>45 min.</td>
<td>Tue, 10 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Thu, 19 Sep</td>
<td>Biology</td>
<td></td>
<td></td>
<td>Thu, 12 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Fri, 20 Sep</td>
<td>Computer</td>
<td></td>
<td></td>
<td>Fri, 13 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Fri, 20 Sep</td>
<td>Mathematics</td>
<td></td>
<td></td>
<td>Fri, 13 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Fri, 20 Sep</td>
<td>Physics</td>
<td></td>
<td></td>
<td>Fri, 13 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Mon, 23 Sep</td>
<td>German</td>
<td>Meine Stadt</td>
<td>45-60 min.</td>
<td>Mon, 16 Sep 2019</td>
<td></td>
</tr>
<tr>
<td>Mon, 23 Sep</td>
<td>Resistant Materials</td>
<td>Ergonomics and...</td>
<td>50-60 min.</td>
<td>Mon, 16 Sep 2019</td>
<td></td>
</tr>
</tbody>
</table>

[View full list of homework tasks]
### Ongoing and recent homework tasks

Depending on the nature of the homework task, items will stay on the list between 1 (not being tracked) - 7 (tracked) days.

<table>
<thead>
<tr>
<th>Due</th>
<th>Subject</th>
<th>Task</th>
<th>Status</th>
<th>Grade/Mark</th>
<th>Set</th>
<th>Done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Today</td>
<td>English 11B/En5</td>
<td>Paper 2 Question 1</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 10 Sep 2019 by Mrs Legg</td>
<td>✔</td>
</tr>
<tr>
<td>Tomorrow</td>
<td>Chemistry 11B4/Ch</td>
<td>Materials pre-assessment task</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 10 Sep 2019 by Miss Hallet</td>
<td>✔</td>
</tr>
<tr>
<td>Thu, 19 Sep 2019</td>
<td>Biology 11B4/Bi</td>
<td>Decomposition exam questions</td>
<td>n/a</td>
<td>n/a</td>
<td>Thu, 12 Sep 2019 by Mr Grainger</td>
<td>✔</td>
</tr>
<tr>
<td>Fri, 20 Sep 2019</td>
<td>Computing 11S3/Cs1</td>
<td>Test And Track - Systems Architecture - The CPU</td>
<td>Pending</td>
<td>n/a</td>
<td>Fri, 13 Sep 2019 by Ms Calow</td>
<td></td>
</tr>
<tr>
<td>Fri, 20 Sep 2019</td>
<td>Mathematics 11B/Ma1</td>
<td>Mixtures sheets</td>
<td>Pending</td>
<td>n/a</td>
<td>Fri, 13 Sep 2019 by Mrs Clark</td>
<td>✔</td>
</tr>
<tr>
<td>Fri, 20 Sep 2019</td>
<td>Physics 11B4/Ph</td>
<td>Momentum HW</td>
<td>n/a</td>
<td>n/a</td>
<td>Fri, 13 Sep 2019 by Mr Snowden</td>
<td>✔</td>
</tr>
<tr>
<td>Mon, 23 Sep 2019</td>
<td>German 11S1/Gn1</td>
<td>Meine Stadt</td>
<td>n/a</td>
<td>n/a</td>
<td>Mon, 16 Sep 2019 by Miss MacEachern</td>
<td></td>
</tr>
<tr>
<td>Mon, 23 Sep 2019</td>
<td>Resistant Materials 11S2/Rm1</td>
<td>Ergonomics and Anthropometrics data</td>
<td>n/a</td>
<td>n/a</td>
<td>Mon, 16 Sep 2019 by Mr Day</td>
<td></td>
</tr>
<tr>
<td>Tue, 24 Sep 2019</td>
<td>Chemistry 11B4/Ch</td>
<td>Chemistry Y11 Triple Paper 2 mindmaps and flashcards</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 10 Sep 2019 by Miss Hallet</td>
<td>✔</td>
</tr>
<tr>
<td>Tue, 01 Oct 2019</td>
<td>Chemistry 11B4/Ch</td>
<td>11B4 Organic Tasks 1,2,3**</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 24 Sep 2019 by Miss Hallet</td>
<td></td>
</tr>
<tr>
<td>Tue, 08 Oct 2019</td>
<td>Chemistry 11B4/Ch</td>
<td>11B4 Organic Tasks 4,5 &amp; 6**</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 01 Oct 2019 by Miss Hallet</td>
<td></td>
</tr>
<tr>
<td>Tue, 15 Oct 2019</td>
<td>Chemistry 11B4/Ch</td>
<td>11B4 Organic Tasks 7,8,9,10**</td>
<td>n/a</td>
<td>n/a</td>
<td>Tue, 08 Oct 2019 by Miss Hallet</td>
<td></td>
</tr>
<tr>
<td>Fri, 18 Oct 2019</td>
<td>German 11S1/Gn1</td>
<td>Edexcel GCSE Listening Booklet</td>
<td>n/a</td>
<td>n/a</td>
<td>Mon, 09 Sep 2019 by Miss MacEachern</td>
<td></td>
</tr>
<tr>
<td>Mon, 21 Oct 2019</td>
<td>Mathematics 11B/Ma1</td>
<td>Hegarty Homework half term 1</td>
<td>n/a</td>
<td>n/a</td>
<td>Mon, 09 Sep 2019 by Miss Morgan</td>
<td></td>
</tr>
</tbody>
</table>
### Homework History:

<table>
<thead>
<tr>
<th>Due</th>
<th>Subject</th>
<th>Task</th>
<th>Status</th>
<th>Grade/Mark</th>
<th>Set</th>
<th>Done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, 13 Sep 2019</td>
<td><strong>Physics</strong> 11B4/Ph</td>
<td>Road Safety</td>
<td>n/a</td>
<td>n/a</td>
<td>Fri, 06 Sep 2019 by Mr Snowden</td>
<td>✔</td>
</tr>
<tr>
<td>Thu, 12 Sep 2019</td>
<td><strong>Biology</strong> 11B4/Bi</td>
<td>Ecosystems Review</td>
<td>Complete</td>
<td>n/a</td>
<td>Thu, 05 Sep 2019 by Mr Grainger</td>
<td>✔</td>
</tr>
<tr>
<td>Thu, 12 Sep 2019</td>
<td><strong>English</strong> 11B/En5</td>
<td>English Language Green Book</td>
<td>n/a</td>
<td>n/a</td>
<td>Thu, 05 Sep 2019 by Mrs Legg</td>
<td>✔</td>
</tr>
<tr>
<td>Wed, 11 Sep 2019</td>
<td><strong>Biology</strong> 11B4/Bi</td>
<td>Exam Questions</td>
<td>Complete</td>
<td>n/a</td>
<td>Wed, 04 Sep 2019 by Mr Grainger</td>
<td>✔</td>
</tr>
</tbody>
</table>
Example

• Task Instructions:

Ecosystems Review

Complete the review booklet

This task should take between 50 and 60 minutes to complete.

Revision booklet 2.7.2.1.docx
GCSE Pod

- Online bank of short videos linked to a subject
- PTA-funded school subscription
- Individual student log-ins
- Teachers can set tasks for students
- Students can search for podcasts on areas of difficulty
Don’t just watch pods

do something with them
How could you use GCSE Pods?

- Make a mind map

Bullet point the info
How could you use GCSE Pods?

Make question flashcards

Then TEST yourself
Does GCSE Pod Work?

2018-19 NORTHGATE ALL Y11 P8 VS GCSEPODS WATCHED

PROGRESS 8 SCORE

NO. PODS WATCHED
Click here to log in

High quality parent resources (no log in required)

www.gcsepod.com
Exam paper pods are here

Change your settings here

Your assignments are here
How to find pods specific to your exam paper

1. Click on **My Courses**
2. Choose your **subject**
3. Choose the **paper**
4. Click on **View Playlist**
5. Click on the **pod** you need
6. **Watch/listen** to it, then **DO something** to test that you can remember it
How to recover your GCSEPod log in details

1. Click on **I’ve forgotten my log in details**

2. Click on **Student**

3. Click on **I haven’t set a reset email address** (unless you’re sure that you actually have)

4. Sign in again here and it will tell you what your username and password hint is.

5. Still stuck?
   - Email Miss Hallett mch@northgate.suffolk.sch.uk
   - or ask your teacher to reset your password for you.
What next?

- Attend open evenings/days/taster sessions
- Meeting deadlines for courses is vital
- The more training and qualifications you have the better your chances of getting and keeping a job that you enjoy
- Be positive and well informed and you will make the correct choices for your future
Thank you for coming

Please make your way over to the Northgate Sixth Centre now if you would like to find out more information from any of the institutions represented.