



Curriculum overview Health and Social Care

NORTHGATE
High School

Key Stage 4 course outline

OCR Cambridge Nationals Level 1/2 J811

Year	Autumn Term	Spring Term	Summer Term
10	<p>Communicating and working with individuals in health, social care and early years LO1: Understanding how to communicate effectively. LO2: Understand the personal qualities that contribute to care.</p>	<p>Communicating and working with individuals in health, social care and early years LO3: Be able to communicate effectively within a health, social care and early years setting.</p> <p>Using basic First Aid procedures LO1: Be able to assess scenes of accidents to identify risks and continuing dangers.</p>	<p>Using basic First Aid procedures LO2: Understand the first aid procedures for a range of injuries. LO3: Be able to apply basic first aid.</p> <p>Essential values of care for use with individuals in care settings LO1: Understand how to support individuals to maintain their rights.</p>
11	<p>Essential values of care for use with individuals in care settings LO2: Understand the importance of values of care and how they are applied. LO3: Understand how legislation impacts on care settings. LO4: Understand how personal hygiene, safety and security measures to protect individuals.</p>	<p>Understanding the nutrients needed for good health LO1: Know the dietary needs of individuals in each life stage. LO2: Be able to create dietary plans for specific dietary needs.</p>	<p>Understanding the nutrients needed for good health LO3: Be able to produce nutritional meals for specific dietary requirements.</p>