



"80 Trees for 80 Years"



Northgate High School was chosen as one of only 80 sites across the UK for a tree to be planted because of its outstanding contribution to Holocaust education and its close association with Frank Bright MBE. The tree has been sponsored by Miriam and Stephen Kramer

in commemoration of the Association of Jewish Refugees 80th anniversary, and to honour their parents, Fritz (Frederic) Kramer, Lotte Kramer, Siegfried Leopold and Charlotte Leopold who found refuge in the UK from Germany in the 1930s.

"As well as helping to mark the heritage of our members

and a place of historic interest associated with them, the planting of this tree enables the AJR to give back to and create a living legacy within the country that became home to the Jewish refugees," said AJR CEO, Michael Newman OBE. "Britain's native

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Top left, Year 9 Dora Love Students, above, Miriam and Stephen Kramer, far left, Elizabeth Hughes, Mayor of Ipswich, left, Professor Rainer Schulze.



Frank Bright, MBE, talking to BBC Radio Suffolk and right, digging the hole ready to plant our tree



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oak trees are in decline and new trees are desperately needed. We hope these 80 special trees will be appreciated by future generations for many decades to come.”
The tree at Northgate will act as a platform for telling the story of Britain’s Jewish refugees and celebrating their remarkable contribution to British life. It will also form part of The Queen’s Green Canopy – the unique tree

planting initiative which will mark Her Majesty’s Platinum Jubilee in 2022, whose organisers have adopted the AJR’s project as a “wonderful initiative”.
At Northgate the area where the tree was planted will form part of an outdoor classroom area for public



speaking and sharing stories. This area will therefore be in keeping with what Frank has taught students at the school, which is to stand up and speak out against all forms of prejudice and discrimination as well as valuing democracy, debate and openness to the views of others.

Food from my table cookery book

To celebrate the breadth of food diversity in our Northgate High School community, Mrs Grant in the Food, Preparation and Nutrition department welcomed students from years 7-9 to share their own recipes, memories of great food and cultural traditions.

Drawing inspiration from food that they eat and enjoy at home, students submitted entries and then cooked a wide range of dishes from across the world. As a result of their hard work a fantastic recipe book has been created called 'Food From my Table'.

The recipe book is designed to showcase a wonderful range of cultural recipes from our students.

It was fantastic to have conversations with both students and their families about their favourite dishes. Quite often, because we are so busy, cooking and talking about traditional family recipes can fall away. It is lovely that so many students have a knowledge about where some of their dishes come from, often including traditional ingredients and equipment.

Students loved participating a proud moment for them to share their heritage with others. We hope that other students will access the recipe book on the school website: www.northgate.suffolk.sch.uk/students/northgate-diversity-



and-community/ and cook some of the dishes!

We also hope to share the recipe book at some events in the summer term, celebrating our school community.

In KS3 lessons, students cook a wide range of cultural dishes, focusing on being able to cook nutritious, inexpensive and mainly savoury dishes – from the basics like cooking rice properly, being able to julienne vegetables for a stir fry and combining simple ingredients to stop reliance on jarred sauces.

Thank you to the students and families that worked with Mrs Grant to produce the recipe book.

Mrs Grant, Teacher of Food, Preparation & Nutrition





Inspiring students' future dance steps

The Dance Department recently welcomed Northgate Alumni, Annie, back into the studio to run three creative dance workshops with students in Years 9, 11 and 13.

Annie left Northgate after completing her GCSE and A Level in Dance and studied dance for three years at the Northern Contemporary Dance School in Leeds. After completing her degree, Annie then went on to successfully audition for the prestigious JV2 company which accepts a maximum of twenty dancers from all over the world each year to complete a post graduate diploma while performing and touring with the company.

Annie often comes back to Northgate to talk to our students about careers in dance. However,

this time Annie returned to invite our dance students to participate in some vital research for her first work as a professional artist. Annie is creating a new and original work because she was inspired by how young people are using the 'Karen' meme to call out racism and classism on social media. She has been reaching out to older adults to discuss and explore generational divide of opinion and asked our students for their thoughts and opinions on our society. This has helped inform her research with her company of inter-generational professional performers, exploring the sexism and ageism inherent in the meme as well as how it addresses racism and classism.

Using dance, theatre and text,

Annie is creatively addressing the questions 'How are we all like Karen?' and 'How can we address conflict and have better conversations?' With thanks to the Arts Council England providing Annie with a National Lottery Grant to fund her first project she is currently in her first three weeks of research with her company. The first research period will just about scratch the surface of this massive topic and she can't wait to continue digging in!

Not only did our students experience Annie's creative expertise and were challenged to create work from their opinions, but they were delighted to know that their ideas and their voice will be taken forward and explored in the final production.



The boys year 10 football team who beat Kesgrave 3-0 on Friday to get to the County Finals.

A football season of which to be proud

It has been brilliant to see football competitions return to the school calendar this academic year. Northgate High School entered teams in all age groups at national and county levels. You can really see the enjoyment our students get from playing football and how proud they are to represent their school. Every team has embodied our ethos of a culture that is built on strong values of teamwork, resilience, togetherness and being relentless! Win or lose Northgate teams show great dignity, respect and humility. It is also clear that sport, and everything it brings a young person, is a brilliant outlet to support their physical, mental and social well-being.

All teams put in good performances in the very challenging ESFA National Cup. Most of the teams were only narrowly knocked out of the 2nd or 3rd round by a single goal and many of our teams still remain in the County Cup competition at the quarter final stage.

■ Girls' teams make a statement

The U12 girls' team have grown in confidence throughout the season and it has been so pleasing to see the more established players supporting and guiding those with less experience in a wonderful manner. The girls have shown the ability to play in varying positions and have established a real togetherness as a team. The U13s have shown



The U12 girls' football team who have grown in confidence throughout the season.

relentless determination and energy on the pitch. Both the U12 and 13 teams have reached the semi-finals of the County Cup.

■ Boys teams regain momentum after the impacts of COVID

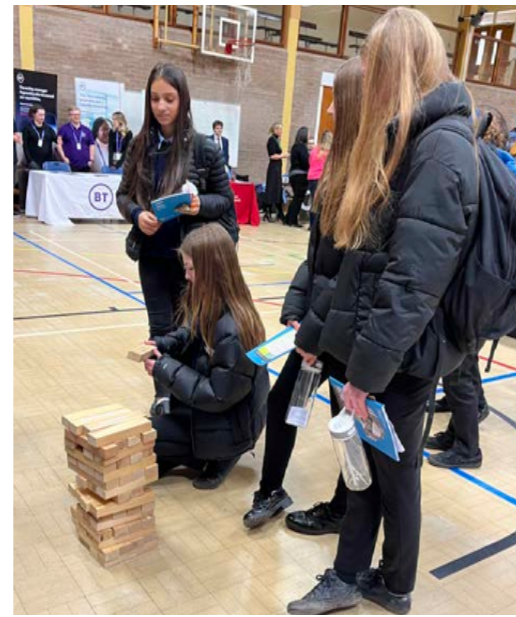
The year 7s had a very disjointed season because of the impact of COVID, but the squad has developed, and it has been so pleasing to see so many students proudly represent the school. Our year 8s had not been able to play during year 7 because of the restrictions. With the squad missing many players for their first game in September due to COVID isolations they were beaten 8-0, but as the season has progressed they have grown in confidence and were only narrowly beaten 2-1 by the same team in the quarter finals of the County Cup. Our year 9 team have

great potential and were beaten in the 3rd round of the National Cup and quarter final of the County Cup by last minute goals. Our year 10 team have just won 3-0 in the semi-finals and made the County Cup final. The U18 sixth form team have a semi-final to be played in the first week back after Easter.

■ Futsal finals

Futsal is a fast moving, skillful format of the game that has proved very popular with our student body! Our U15 and U12 Futsal teams made the county finals. Both our teams competed superbly, and it was only an early defeat that resulted in the U15s not taking home the cup.

■ Follow our PE account on Instagram: [Northgate_PE_Department](#), to keep up-to-date with all of our sporting achievements.



Raising aspirations for a brighter future



As part of our commitment to provide our students with opportunities to raise aspirations, develop employability skills and make informed choices about their futures, we were delighted to be able to welcome 47 different organisations to our Careers Fair.

Employers, colleges, training providers, universities and ambassadors from a wide range of business professions and sectors were all represented. Over the course of the day students in Years 9-13 enjoyed having the opportunity to attend the Careers Fair and speak to representatives from these organisations about the skills, qualifications and experiences that they need to enable them to be successful in further learning and employment.

Students loved the practical demonstrations, competitions and interactive activities on stands – including archery and a reaction time game – and were complimented by the organisations on the great questions that they asked and the engaging conversations that they held.

Students were overwhelmingly positive about their time at the Careers Fair and appreciated the opportunity to start to build those connections with employers and learning providers. We are really grateful to the local organisations who supported our Careers Fair and kindly gave their time to help our students explore some of the options that they have available to them on leaving Northgate.

Mrs Calder, Careers Leader

Northgate Governors: whose who!

The Governing Body at Northgate High School set the vision and strategic direction of the school, hold the headteacher to account for their educational performance and ensure financial resources are well spent.

Structure

The Governing Body meets at least three times a year. In addition, there are a number of committees

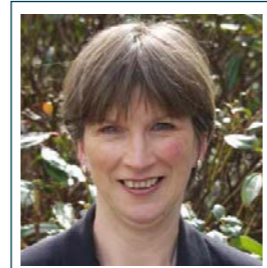
which focus on specific aspects of the school:

- First Committee (responsible for discipline and grievance hearings, capability hearings, completion of teacher induction, curriculum complaints, other complaints, selection for redundancy)
- Appeals Committee
- Student Discipline Committee
- Finance Committee

- Curriculum Committee
- Health and Safety Committee

Governor Details

Local Authority Governors are appointed by the Local Authority, Parent Governors by parents/carers of Northgate students, Co-opted Governors by the Governing Body and Employee Governors by Northgate employees.



Mrs J Sheat
Local Authority Governor (Chair)

- Committees:**
- Appeals (Chair)
 - Personnel (Chair)



Mrs J Barker
Parent Governor

- Committees:**
TBC



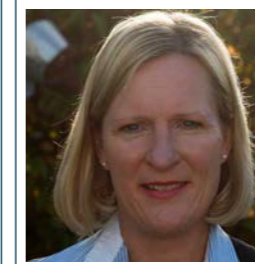
Mr K Cracknell
Local Authority Governor

- Committees:**
TBC



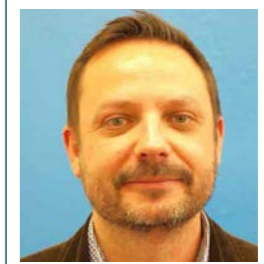
Mrs J Ferguson
Co-opted Governor

- Committees:**
Personnel



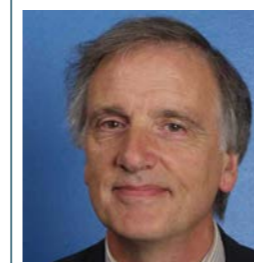
Mrs S Gravener
Co-opted Governor

- Committees:**
Finance (Chair), Discipline



Mr N Hayes
Co-opted Governor

- Committees:**
Curriculum, Discipline, Finance, Personnel



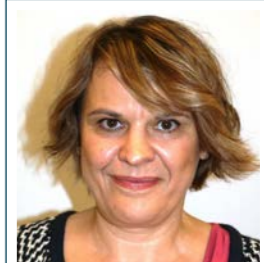
Mr J Hunt
Co-opted Governor (Child Protection & Looked After Children)

- Committees:**
Appeals, Curriculum, Discipline



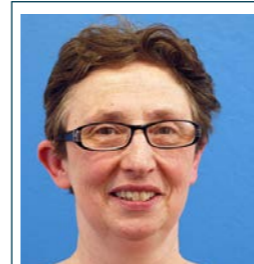
Mr S Kemp
Co-opted Governor (Vice Chair)

- Committees:**
Appeals, Discipline (Chair), First Committee (Chair), Health & Safety (Chair)



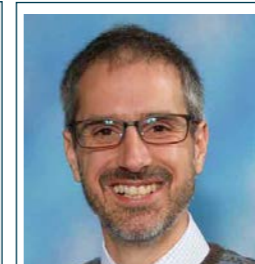
Mrs C Marsh
Parent Governor

- Committees:**
TBC



Mrs H McGlynn
Community Governor

- Committees:**
Curriculum, Finance



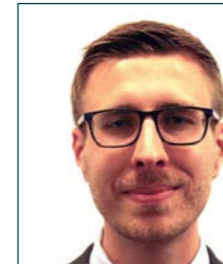
Mr A Pettitt
Staff Governor

- Committees:**
Finance



Ms N Wales-Dixon
Co-opted Governor

- Committees:**
TBC



Mr R Witmore
Co-opted Governor

- Committees:**
Finance



Miss R Mackie
Headteacher Governor

- Committees:**
Finance, Personnel

Four years and counting

High school students experience numerous social and emotional events that can often cause stress, anxiety, anger or frustration.

Here at Northgate High School, we have a wide range of help available to support the wellbeing of our young people; one of which is peer to peer support.

In the academic year 2018-2019 Mrs Naseri and Mr Emery introduced a bespoke Peer Support Ambassador programme. It has been four years since Mrs Naseri has been successfully running the scheme recruiting a new team every year, organising training, meetings and action plans.

Students can apply to become Peer Support Ambassadors at the end of Year 9 after which they receive training and instructions to begin their role as a Peer Support Ambassador in Year 10. There is also the additional opportunity to participate in Anti-Bullying Ambassador training run by The Diana Award charity, one of the leading providers of anti-bullying training. The aim of this training is to equip young people and school staff to tackle bullying through education and empowerment.

Peer Support Ambassadors are a valuable asset, helping out at Northgate open days, Year 7 induction days and preparing and delivering assemblies. They often organise activities and quizzes for morning registration periods demonstrating great initiative and leadership skills. The ambassadors



Team 2021-2022



Pictured about are a few of this year's Peer Support Ambassadors, who have been supporting year 7 classes by being present in morning registration and helping those who find mornings a bit of a struggle. The Ambassadors have created lots of activities and quizzes and run them as a competition between classes. The response was very enthusiastic and Year 7 told us they loved it! Recently we were able to award two winning Year 7 classes with boxes of treats and sweets.

are also involved in projects that raise awareness of important issues like National Anti-Bullying Week, Wellbeing Week and Mental Health Awareness Week.

Every ambassador brings a new

idea and sometimes different approach, but they all have a common goal, to make a positive change in our community so that Northgate students feel safer and happier.

Dates for your diary

Friday 8 April 2022	End of Spring Term
Monday 25 April 2022	Professional Development Day
Tuesday 26 April 2022	Summer Term starts
Wednesday 27 April 2022	Performing Arts Showcase
Thursday 28 April	Year 12 Parents' Evening – Online
Monday 2 May	Public Holiday
Monday 30 May - Friday 3 June	Half Term